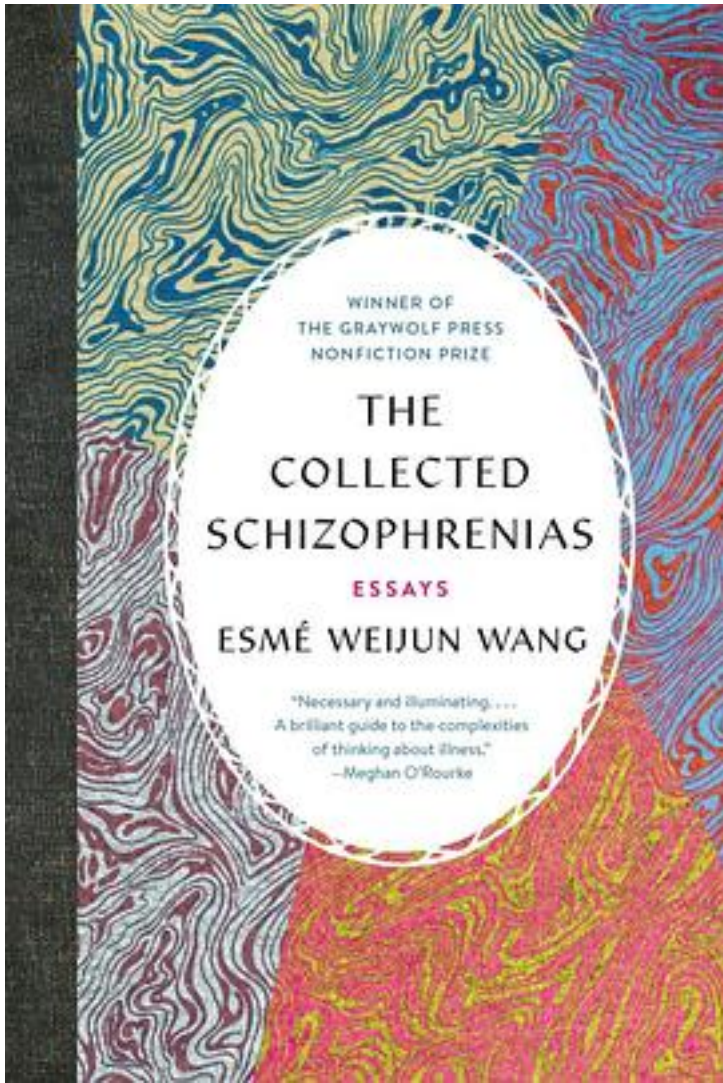


The Collected Schizophrenias



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著者:Esmé Weijun Wang

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Powerful, affecting essays on mental illness, winner of the Graywolf Press Nonfiction Prize and a Whiting Award

An intimate, moving book written with the immediacy and directness of one who still struggles with the effects of mental and chronic illness, *The Collected Schizophrenias* cuts right to the core. Schizophrenia is not a single unifying diagnosis, and Esmé Weijun Wang writes not just to her fellow members of the "collected schizophrenias" but to those who wish to understand it as well. Opening with the journey toward her diagnosis of schizoaffective disorder, Wang discusses the medical community's own disagreement about labels and procedures for diagnosing those with mental illness, and then follows an arc that examines the manifestations of schizophrenia in her life. In essays that range from using fashion to present as high-functioning to the depths of a rare form of psychosis, and from the failures of the higher education system and the dangers of institutionalization to the complexity of compounding factors such as PTSD and Lyme disease, Wang's analytical eye, honed as a former lab researcher at Stanford, allows her to balance research with personal narrative. An essay collection of undeniable power, *The Collected Schizophrenias* dispels misconceptions and provides insight into a condition long misunderstood.

作者介绍:

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标签

mental-illness

随笔

non-fiction

essays

英文

英文原版

Nonfiction

评论

前半部分很好看。每篇相对独立，探讨了精神疾病患者的生活方方面面：家人、求学、养育后代、求医… 真实得令人发怵，让人觉得离自己不远。

3.5/5 Eloquent and elegantly written, this essay collection is a deep meditation on issues concerning mental illnesses, providing perhaps an alternative way of defining disease and what it makes of us. However, Wang's writing does appear incoherent or way too technical at times, and isn't for readers looking for a Schizophrenia 101 type of book.

笔触很有灵气，喜欢 | 2019夏，Coolidge

3.5 作者流畅的文笔写出了作为Schizophrenia disorder病患者的方方面面，本以为会更多是散文形式／意识流描写自己的脑内世界，但也有不少非常technical的医学专用知识（专业术语多过简单科普）。“What I have found difficult is not seeking an escape hatch out of pain, whether that be pills, alcohol, or the dogged pursuit of a cure. In suffering, I am always looking for a way out.”

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书评

1.
社会对于精神分裂症的关注，经常在于如何减轻患者家属的痛苦和负担，而很少讨论患者本身的意愿和想法。这本书的作者从一个分裂情感性障碍（Schizoaffective disorder）患者的角度，分享了自己患病、确诊、治疗的经历，来讨论对这个疾病的思考。作者反复讨论的一点是精神分...

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