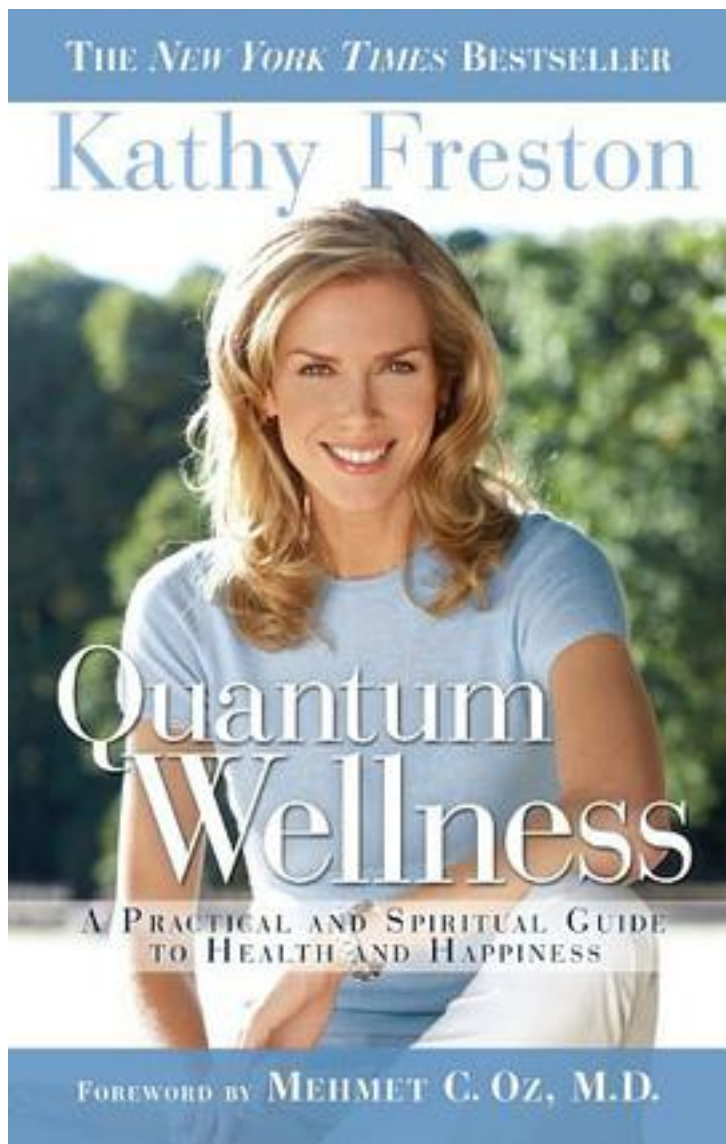


Quantum Wellness



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From the New York Times bestselling author comes the ultimate guide to complete well-beingÑan instructive book on how to reach our highest level of health and contentment through small, focused changes. Featuring a foreword by #1 New York Times bestselling author Dr. Mehmet C. Oz, Quantum Wellness will forever change the way readers approach healthy living.

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