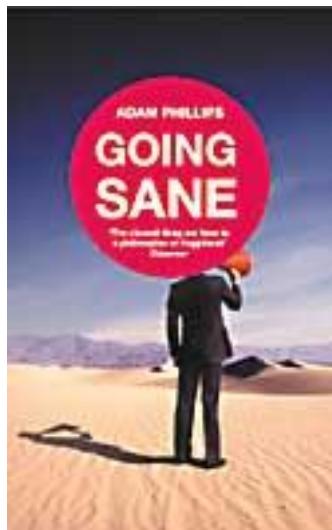


# Going Sane



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著者:Adam Phillips

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Volumes have been dedicated to madness, but sanity is rarely mentioned. We can define the mad, but how do we classify the sane? In "Going Sane", psychoanalyst and writer Adam Phillips delves deep into history, philosophy, literature, and his own experiences to address questions that we rarely ask about ourselves, taking us on an engrossing journey in which we learn many things, including some of what it takes to be happy in the modern world.

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