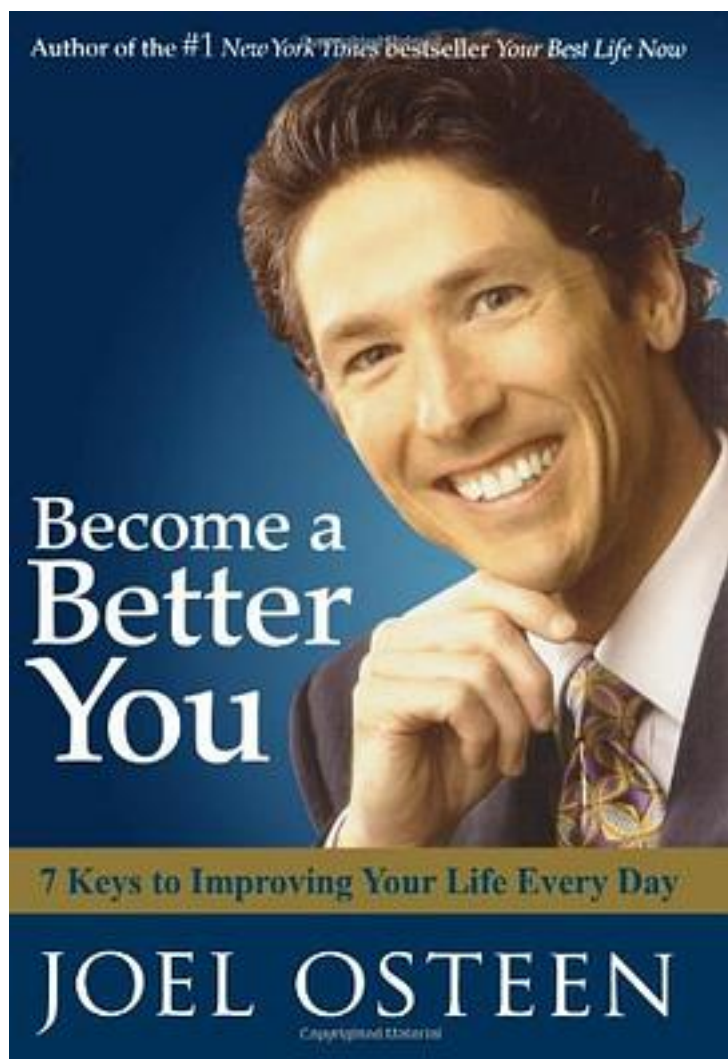


# Become a Better You



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Joel Osteen's previous bestselling title, Your Best Life Now , offered readers guidance for living a good life. In this eagerly awaited new book he'll guide readers to look within themselves to find their authentic soul and conduct a spiritual examination so they can uncover the core of who they really are. Osteen's message is that God didn't create us to be average - He wants us to stretch ourselves, keep pressing forward for greatness, and to embark on mission of self-discovery. God has given us everything we need to live a victorious life, but it's up to us to draw it out and become the tremendous person He wants us to be. Osteen will be revealing 7 key principles that will enable us to achieve this goal, to expand our horizons and fill our lives with love, joy and peace.

作者介绍:

目录:

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