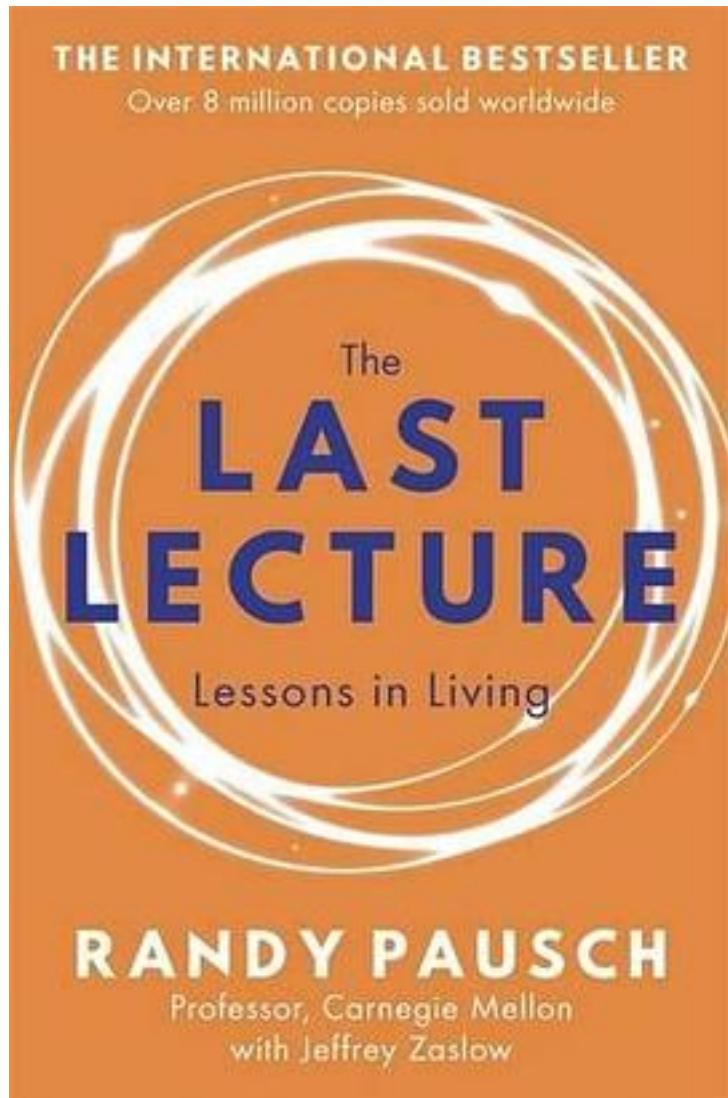


The Last Lecture



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著者:Randy Pausch

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"We cannot change the cards we are dealt, just how we play the hand."

--Randy Pausch A lot of professors give talks titled " The Last Lecture ." Professors are asked to consider their demise and to ruminant on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have...and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to come.

Questions for Randy Pausch We were shy about barging in on Randy Pausch's valuable time to ask him a few questions about his expansion of his famous Last Lecture into the book by the same name, but he was gracious enough to take a moment to answer. (See Randy to the right with his kids, Dylan, Logan, and Chloe.) As anyone who has watched the lecture or read the book will understand, the really crucial question is the last one, and we weren't surprised to learn that the "secret" to winning giant stuffed animals on the midway, like most anything else, is sheer persistence. Amazon.com: I apologize for asking a question you must get far more often than you'd like, but how are you feeling? Pausch: The tumors are not yet large enough to affect my health, so all the problems are related to the chemotherapy. I have neuropathy (numbness in fingers and toes), and varying degrees of GI discomfort, mild nausea, and fatigue. Occasionally I have an unusually bad reaction to a chemo infusion (last week, I spiked a 103 fever), but all of this is a small price to pay for walkin' around. Amazon.com: Your lecture at Carnegie Mellon has reached millions of people, but even with the short time you apparently have, you wanted to write a book. What did you want to say in a book that you weren't able to say in the lecture? Pausch: Well, the lecture was written quickly--in under a week. And it was time-limited. I had a great six-hour lecture I could give, but I suspect it would have been less popular at that length ;-. A book allows me to cover many, many more stories from my life and the attendant lessons I hope my kids can take from them. Also, much of my lecture at Carnegie Mellon focused on the professional side of my life--my students, colleagues and career. The book is a far more personal look at my childhood dreams and all the lessons I've learned. Putting words on paper, I've found, was a better way for me to share all the yearnings I have regarding my wife, children and other loved ones. I knew I couldn't have gone into those subjects on stage without getting emotional. Amazon.com: You talk about the importance--and the possibility!--of following your childhood dreams, and of keeping that childlike sense of wonder. But are there things you didn't learn until you were a grownup that helped you do that? Pausch: That's a great question. I think the most important thing I learned as I grew older was that you can't get anywhere without help. That means people have to want to help you, and that begs the question: What kind of person do other people seem to want to help? That strikes me as a pretty good operational answer to the existential question: "What kind of person should you try to be?"

Amazon.com: One of the things that struck me most about your talk was how many other people you talked about. You made me want to meet them and work with them--and believe me, I wouldn't make much of a computer scientist. Do you think the people you've brought together will be your legacy as well? Pausch: Like any teacher,

my students are my biggest professional legacy. I'd like to think that the people I've crossed paths with have learned something from me, and I know I learned a great deal from them, for which I am very grateful. Certainly, I've dedicated a lot of my teaching to helping young folks realize how they need to be able to work with other people--especially other people who are very different from themselves. Amazon.com: And last, the most important question: What's the secret for knocking down those milk bottles on the midway? Pausch: Two-part answer:

- 1) long arms
- 2) discretionary income / persistence Actually, I was never good at the milk bottles. I'm more of a ring toss and softball-in-milk-can guy, myself. More seriously, though, most people try these games once, don't win immediately, and then give up. I've won *lots* of midway stuffed animals, but I don't ever recall winning one on the very first try. Nor did I expect to. That's why I think midway games are a great metaphor for life. --This text refers to the Hardcover edition.

作者介绍:

兰迪·鲍许2008TIME杂志100大影响人物。

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标签

励志

RandyPausch

传记

英文原版

美国

演讲

英文

Randy

评论

够励志

2012年购于广州书展。感谢活着的每一天，想做的事情，尽快行动，莫等待。

nothing really special in it given the fact that I have seen the last lecture and listened to the time management lecture. however it requires, and at the same time worth, many extra reads to get digest those "non-special" sentences.

Something between life and death.

佩服作者的精神。有声书读得很好，开头结尾有作者访谈。

Lead your life the right way, and, be positive.

20100627-20100701

这是一本充满智慧的书

Leon's birthday gift for me! <3

This is NOT just another cancer/self-helping book. It's not exactly 'Tuesdays with Morrie', but Prof. Randy Pausch's life lessons, parenting tips, memories of a wonderful life, and advice on how to live your life, offers no less. Brought me to tears, and heartfelt joy.

I expect that the actual lecture would be much better.

好贵一本 130.. 觉得内容有的地方拖沓了 没想象中的好 但还是不错的

The first book that made my cry.

very inspiring and encouraging

if i can choose. it's ultra-5. he is gone. he's not there anymore.

a little indigestion

Randy Pauch is really something

不錯，比較有啓發。

充满智慧的书

"Thank you for coming today"

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书评

永远不要丧失像儿童般的惊奇。经历是当你没有得到你所期望的东西时你所得到的。我将会这样开朗地度过每一天，直到我死亡，因为我不知道其他的生活方式。如果你对某个人很有意见，那是因为你没有给他们足够的时间。今天的演讲不是讲如何实现你的梦想，而...

“我活得就像快要死掉一样，但同时，又活得像是我还会一直活下去一样”，兰迪·波许在他的书《最后的演讲》中这样写道。兰迪是美国卡内基·梅隆大学的计算机教授，他生于1960年。在2006年时，他被查出了胰腺癌，这是世界上死亡率最高的疾病之一。当时他46岁，生活在匹兹堡，有...

看完最后一次演讲的录像，感觉就像受了一次宗教洗礼。非常想写些什么，却又迟疑，担心自己的文笔会把这样一次震撼心灵的演讲写成入党申请书一类的东西。事实上，如果那些箴言不是出自一个只剩下几个月生命的人之口，它们的可信度和感人程度真就不会比入党申请书好多少。再由...

一位明星教授，执教于美国的一所著名大学，有着一位美丽的妻子和三个可爱的孩子，从事着世界上最有前景的领域的研究，很完美的生活，不是吗？除了他患了胰腺癌，只能活三至六个月了，其他也没什么不好的……老天就是有这样异常残酷的幽默感，当然，对于当事人来说，这样的...

充满智慧的书。

我非常欣赏他的父亲：手风琴手，二战中经历过突出部战役的被嘉奖的老兵，负责任的

丈夫，用智慧教育孩子的父亲，真心奉献的人道主义者，童心未泯收集大毛绒玩具的老人。勇气，理性，责任，人道主义，我感到这是一个完整的人。
再说Randy，他是一个有着热爱且收入...

我在公交上读完了这本书，每每看到动情处总是抑制不住的眨眼睛，我想我是被感动了。
。关于父亲
这本书之所以感动我，并不是特殊的情节，无可奈何的遭遇，更多的是推己及人。一个父亲在生命即将结束的时候传达给孩子的爱，是“父亲”爱的极致表现。“父亲”有许多许多人生经验要...

this book is more or less a monologue of a terminally ill cancer patient. he wanted to live but he will soon die. he wanted to leave some legacy but his time is so limited. but overall he wanted to give his life a novelty finale. So he gave a lecture, or a ...

那么多人都经历了匹兹堡严酷的冬天而且生存下来了。这是卡梅(Carnegie Mellon)一年一度的狂欢节(Carnival)，平日见不到情侣的校园居然有那么多成双成对时时驻足观望的人们。Morewood Garden竖起了巨大的摩天轮、精巧的迷宫和充满尖叫声的过山车，简单到极致的...

很好的讲座，看得我笑得不行，但是最后感动得流泪了。一些我觉得经典的话: 1. ...
But remember, the brick walls are there for a reason. The brick walls are not there to keep us out. The brick walls are there to give us a chance to show how badly we want somethi...

自己人生的第2个本命年2008注定是个可以铭记一辈子的年份，原本我以为它就这么平静的流走了，但是它却曾带给我希望，让我感到无比快乐。而在现实中，在它要过去的最后几天，它却给我上了深刻的一课，深刻得让我不可能去忘记，深刻得让我曾丢掉了一直以来的信仰与支柱，深刻得让...

This is a world of fashion. Everyone wants to wear the most fashionable clothes; everyone wants to read the most popular books on the New York Times Best Seller list; everyone wants to know the latest thing happened in this packed little planet. There is on...

readingnote for future review: ★(it's my favourite) 1.An injured lion wants to know if he can still roar. It's about dignity and self-esteem,which isn't quite the same as vanity. 2.Whatever my accomplishment, all of the things i loved were rooted ...

演讲，说到底，是一种交流方式，在《最后的演讲》这本书中，我深切地感受到死亡其实也是生活的一部分，虽然未必死亡意味着休止符，但是如果我没有死亡，我们会错过很多美丽与善良。
如果我是画家，我会给他们留下画作，如果我是音乐家，我会写一段乐章，但我是个讲师，所以我做了...

兰迪·鲍许，相信很多人会对这个人很陌生。如果不是他做了那次“最后的演讲”，相信他就和普通的计算机科学家和普通的大学教授一样在幕后。但这最后的演讲，让兰迪获得极为热烈而广泛的影响。让世人看到了一位热情、风趣得大学教授在生命最后的几个月里来安排在他离去后他家...

一个周末看完书，两个晚上看完视频，让我了解了Andy Pausch：
开门见山展示肿瘤分布图；现场做俯卧撑证明自己除了癌症的强健身体；
摆在舞台上的迪斯尼赢来的大玩具；
像讲故事一样讲述一位位自己曾经共事/合作过的朋友趣闻；
一次次引得听众大笑和鼓掌；对妻子的生日祝福； ...

There are too much to talk about, so just read the book. You will see what a lovely and warm family they are, how Randy lived his life with his scientific guy-wisdom and how he tried his best to do everything he could for the people he would have to left. ...

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