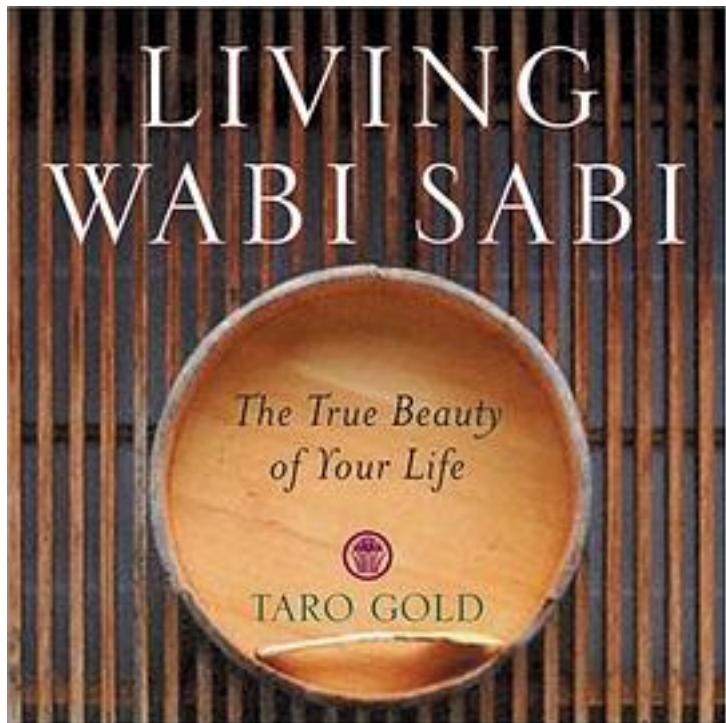


Living Wabi Sabi



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Taro Gold inspires and enlightens with "Living Wabi Sabi: The True Beauty of Your Life." A blend of Eastern wisdom, feng shui, and the movement toward simplicity, Wabi Sabi is a Japanese expression meaning "wisdom in natural simplicity." Wabi Sabi helps us to see the beauty in imperfection, to discover that our unique flaws also can lead us to our greatest strengths and treasures. No one is perfect--in fact, we all are perfectly imperfect. That is the paradoxical first lesson shared by Taro Gold in "Living Wabi Sabi: The True Beauty of Your Life." What is Wabi Sabi? A universal ideal of beauty, Wabi Sabi celebrates the basic, the unique, and the imperfect parts of our lives. Wabi Sabi is the comfortable joy you felt as a child, happily singing off key, creatively coloring outside

the lines, and mispronouncing words with gusto. On a deeper level, Wabi Sabi is the profound awareness of our oneness with all life and the environment. It includes a deep awareness of the choices we make each day, the power we have to accept or reject each moment of our lives, and to find value in every experience. Appreciate this and every moment, no matter how imperfect, for this moment is your life. When you reject this moment, you reject your life. You don't have to settle for this moment, you are free to steer a different course, but for now, this moment is yours, so be mindful to make the most of it." "Living Wabi Sabi: The True Beauty of Your Life" leads us to discover the true beauty of our lives, to know true joy here and now, to reveal the most powerfully positive sides of imperfection. Illustrated with stunning yet simple watercolor art, "Living Wabi Sabi: The True Beauty of Your Life" is a beautiful keepsake that is sure to become a beloved resource for wisdom in the joy of living.

作者介绍:

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