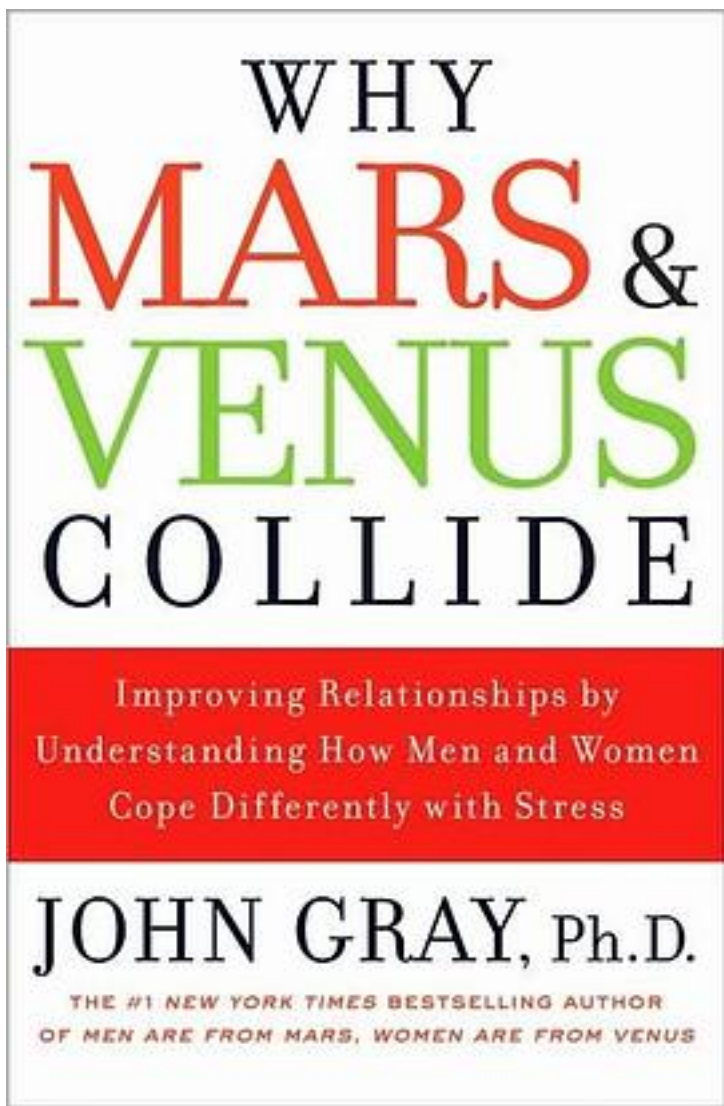


Why Mars and Venus Collide



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出版者:An Imprint of harperCollinsPublishers

出版时间:2008

装帧:

isbn:9780061242960

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John Gray, Ph.D., is an internationally recognized expert in the fields of communication and relationships. The author of fifteen books, he has been conducting personal-growth seminars for more than thirty years and writes "Mars Venus Advice," a weekly syndicated column that has appeared in more than one hundred media outlets, including Newsday, the Los Angeles Times, and the Detroit Free Press. He also has a weekly Internet broadcast with over two million listeners at marvenus.com. Gray has been a contributing editor at Redbook and a contributor to ivillage.com, Brides, and Divorce magazines. He lives with his wife and three children in Northern California.

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标签

心理指导

英文

婚姻

原版

美国

Collide

评论

没有什么新的内容，但读读也不错。

读完这本书我明白了什么叫经营爱情~

有些观点挺有帮助，但是作者给了太多的teaching和规条，把男人和女人有些简单的模式化。

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书评

读过三个章节 chapter 3: Stress Hormones from mars and venus

----- 书中的观点很切实际，比如饮食和荷尔蒙对人的影响。压力对人每天生活所产生的影响等，但有些观点和论据的真实性不足，没有注脚和说明。比如在有些地方，作者直接就...

1. Women need to talk about their feelings to men, which not only lower her stress level, men will feel it helps women as well. 2. Don't rely solely on the relationship to bring happiness to life, there are some other activity can bring joy and lower the st...

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