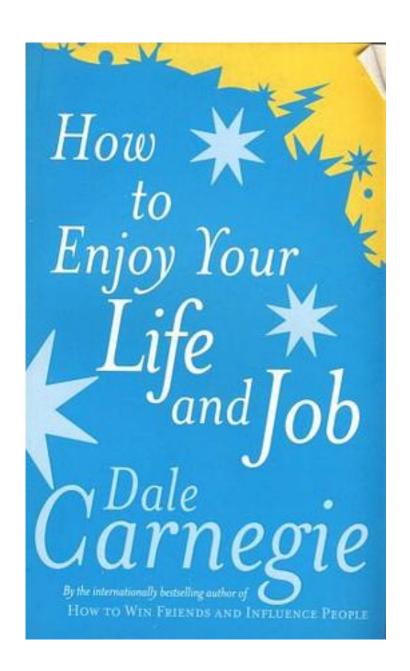
## How to Enjoy Your Life and Job



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著者:Carnegie, Dale

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## THE KEY TO ACHIEVING A HAPPY WORK-LIFE BALANCE REVEALED

Life is what you make it and this book demonstrates that anyone can achieve greater satisfaction in both their home life and their job by learning to integrate business, social and personal fulfilment.

## It includes:

- \* Seven ways to peace and happiness
- \* Fundamental techniques for handling people
- \* Ways to win people to your way of thinking
- \* Ways to change people without creating resentment

Transcend boredom, frustration and fatigue - and realize your full potential.

Praise for Dale Carnegie's How to Win Friends and Influence People. -- 'Classic' The Times

"When... Dale Carnegie wrote his ground-breaking guide How to Win Friends and Influence People. he set a ball rolling that has never stopped gathering momentum. The book.. .gave birth to a self-improvement industry that spans the globe." -- Daijy Express

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