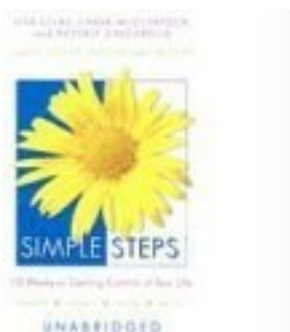


# Simple Steps



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Would you like to know how to experience a more fulfilling life? It's simple. And Dr. Arthur Caliendo--beloved successor to Norman Vincent Peale as senior minister of Marble Collegiate Church in NYC and spiritual voice to millions on radio and television--will show you how.

SIMPLE STEPS: TEN THINGS YOU CAN DO TO CREATE AN EXCEPTIONAL LIFE is a joyful, down-to-earth guide to living the life you want, with abundance and less stress. Through his own inspiring stories and those of others, Dr. Caliendo shares his powerful, upbeat message--that by doing just one or two simple but significant things a day, you can improve your life and the lives of others. Spiritual, nondenominational, and practical, SIMPLE STEPS outlines 10 things you can do now to start changing your life. Dr. Caliendo shows us that words like "forgiveness," "discipline," "responsibility," and "leadership" can be shaped into living, breathing parts of ourselves. And that by practicing what these words really mean, we can transform our lives into extraordinary ones.

Here you will meet some "ordinary" people--made extraordinary by having taken simple steps: The toll taker who transforms thousands of lives a day; the Holocaust survivor, who made the decision to be happy after she lost everyone she loved; the 105-year-old congregant who shared the inspiring "secret" to her longevity; and Dr.

Caliandro himself, who describes with remarkable frankness his life-threatening illness and his courageous determination to become well. In this complex world, it's comforting to know that simple things can make a difference. Follow Dr. Caliandro through this life-affirming and action-oriented little book. Your excitement about life will grow and deepen as soon as you turn these pages.

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