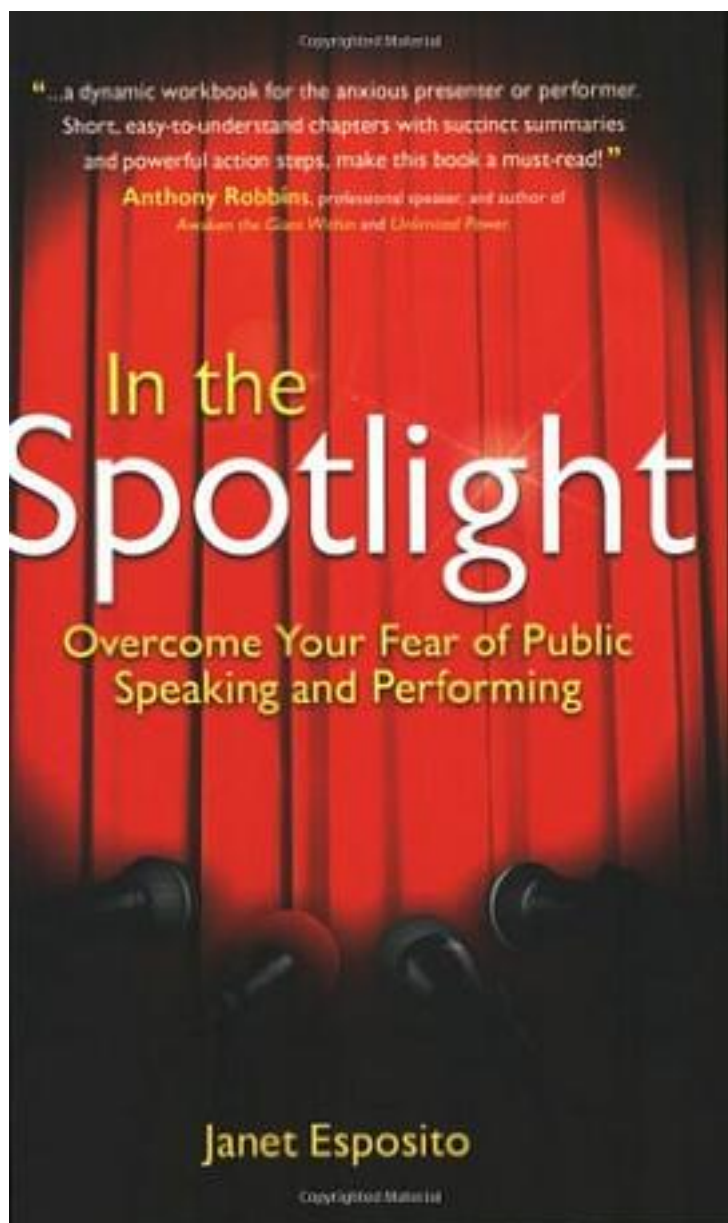


# In the Spotlight



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In The Spotlight is a dynamic workbook for the anxious presenter or performer! Short, easy-to-understand chapters with succinct summaries and powerful action steps, make this book a must read! Anthony Robbins, author of Awaken the Giant Within and Unlimited Power. Are you tired of suffering from stage fright? Have you had enough of feeling terrified of speaking or performing in front of others, and trying to avoid it at all costs? If so, In The SpotLight is perfect for you! It reveals the principles, methods and strategies that can help you get beyond stage fright and create a whole new possibility for comfortable and confident speaking and performing. It will also help you if you are self conscious and uncomfortable in any social situation.

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