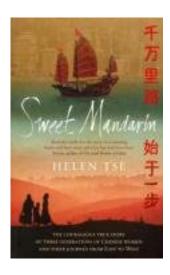
Sweet Mandarin



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著者:Tse, Helen

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Spanning almost a hundred years, this rich and evocative true story recounts the lives of three generations of remarkable Chinese women. Their extraordinary journey takes us from the brutal poverty of village life in mainland China, to newly prosperous 1930s Hong Kong and finally to the UK. Their lives were as dramatic as the times they lived through. A love of food and a talent for cooking pulled each generation through the most devastating of upheavals. Helen Tse's grandmother, Lily Kwok, was forced to work as an amah after the violent murder of her father. Crossing the ocean from Hong Kong in the 1950s, Lily honed her famous chicken curry recipe. Eventually she opened one of Manchester's earliest Chinese restaurants where her daughter, Mabel, worked from the tender age of nine. But gambling and the Triads were pervasive in the Chinese immigrant community, and they tragically lost the restaurant. It was up to Helen and her sisters, the third generation of these exceptional women, to re-establish their grandmother's dream. "Sweet Mandarin" shows how the most important inheritance is wisdom, and how recipes - passed down the female line - can be the most valuable heirloom.

作者介绍:
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