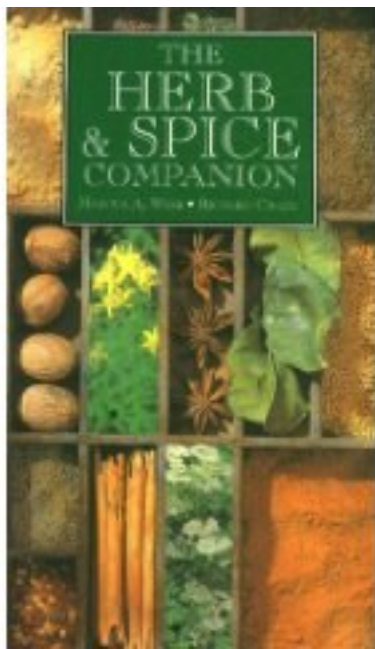


The Herb and Spice Companion



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著者:Marcus A. Webb (Author)

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Book Description

This book guides the reader through all aspects of herbs, including their history; how to grow, harvest, and dry them; and their preparation for medicinal use. This volume also contains an extensive directory of more than 50 spices. Each entry gives the essential properties of the spice, as well as its medicinal and culinary uses where appropriate.

作者介绍:

About the Author

Richard Craze is the author of several books on astrology, sexuality, and herbal medicine. Among them is Mix & Match Chinese Astrology, also published by Barron's.

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