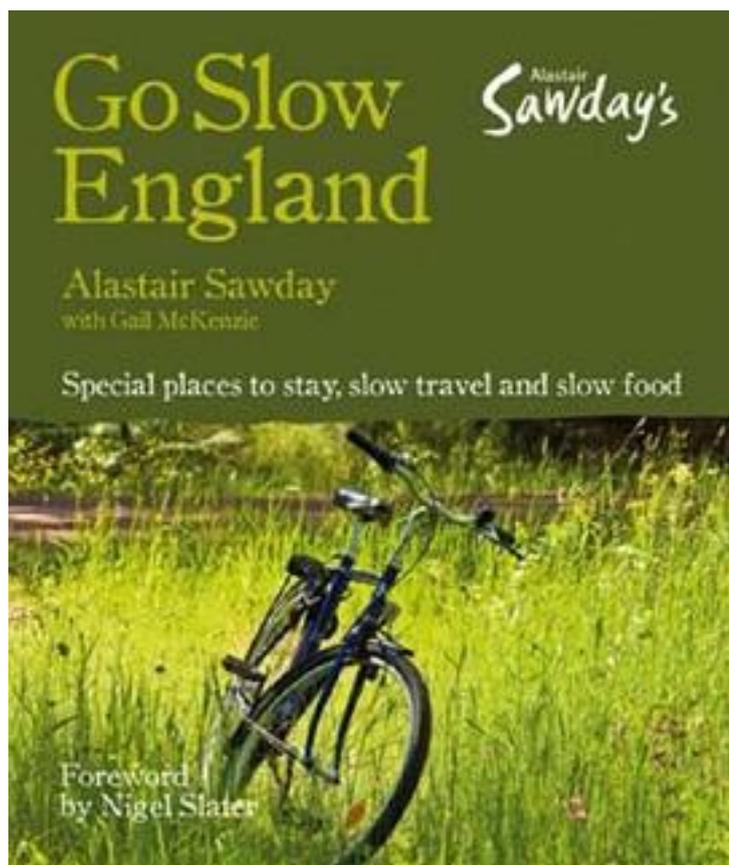


# Go Slow England



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出版者:Alastair Sawday Publishing

出版时间:2008-03-06

装帧:Paperback

isbn:9781906136031

The Slow Food revolution is upon us and this guide celebrates the Slow philosophy of life with a terrific selection of the places, recipes and people who take their time to enjoy life at its most enriching. In this beautiful book, that goes beyond the mere 'glossy', you will discover an unusual emphasis on the people who live in Special Slow Places and what they do. You will meet farmers, literary people, wine-makers and

the craftsmen- all with rich stories to tell. Go Slow England celebrates fascinating people, fine architecture, history, landscape and real food. A counter-balance to our culture of haste.

作者介绍:

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