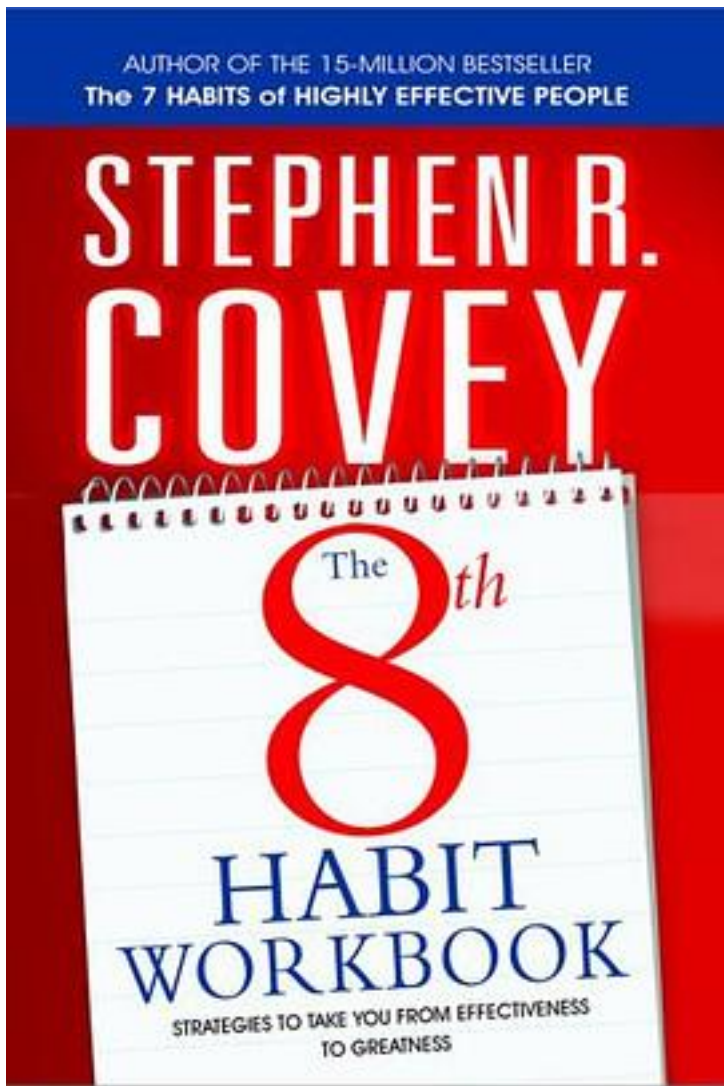


# 8th Habit Personal Workbook



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In the "7 Habits of Highly Effective People", Stephen R. Covey taught readers how to become effective people. In his long awaited "The 8th Habit", Covey revealed an entirely new dimension to human potential and showed readers how to reach greatness from any position. Now, "The 8th Habit Workbook" offers readers the opportunity to fully immerse themselves in Covey's ideas and teachings with life-changing exercises. Covey claims that all people have the means for greatness with themselves. He stresses the need to find the right balance of human attributes - talent, need, conscience and passion. At the nexus of these four attributes is what Covey calls 'voice' - the unique personal significance we each possess. In this workbook, he shows us how to move beyond effectiveness to the realm of greatness by focusing on our strengths and locating our powerful individual voices.

作者介绍:

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