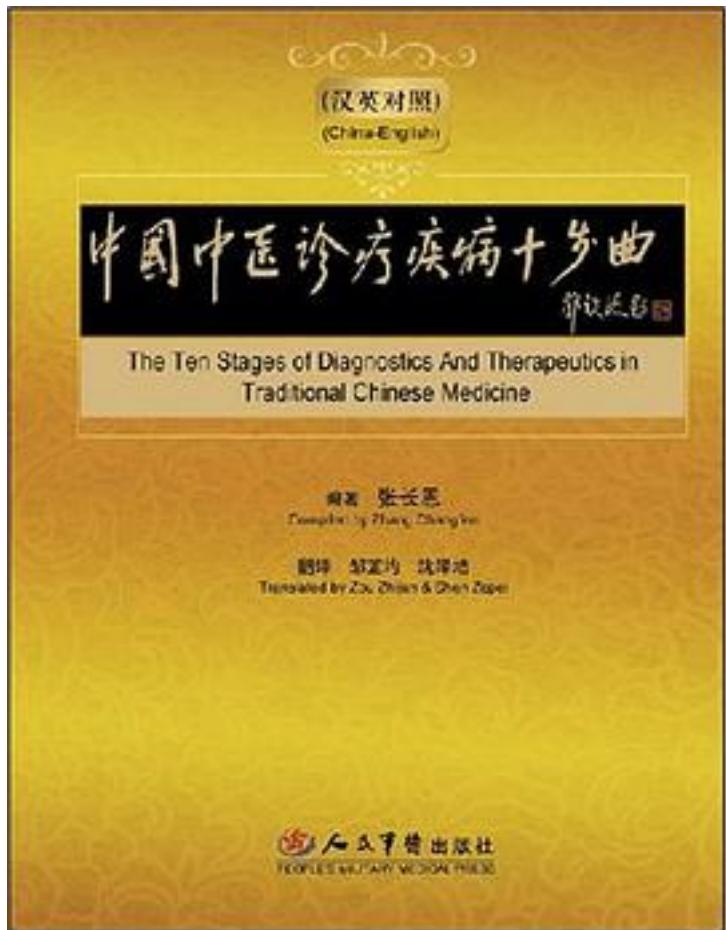


# 中国中医诊疗疾病十步曲



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《中国中医诊疗疾病十步曲》The Ten Stages of Diagnostics and Therapeutics in Traditional Chinese Medicine (汉英对照版) 由人民军医出版社近期隆重推出。中国医学是中国三大国粹之

一。数千年来，中医中药以其独特的功效救死扶伤、去病延年，为人类的健康做出了不可磨灭的贡献。张长恩教授撰写此书不仅为中医临床工作者提供了一本实用的参考书，同时也是想借北京举办奥运会的契机，把中医推出国门，向国外传播中医知识，弘扬中华国粹，让世界上更多的国家和人士了解中医诊疗疾病方面的知识。这是一本科普读物，一些读过这《中国中医诊疗疾病十步曲》的外国专家称道：这是一本很独特的中医药书籍，对于医生和对健康感兴趣的读者都可以去欣赏，值得向世界推广。《中国中医诊疗疾病十步曲》中张长恩教授其将博大精深的中医诊疗疾病知识浓缩为十步曲，包括“症脉表象”、“四诊检测”、“划分病域”、“诸病分证”、“八纲辨证”、“辨认方证”、“确立治则”、“拟定治法”、“选方遣药”、“观察护理”。此十步曲，使中医理、法、方、药一线贯穿，有执简驭繁之妙，若能充分研习，体味其宗旨，深谙其间之妙趣，必能大为提高临床诊治之水平。

英文内容简介：

Brief introduction to The Ten Stages of Diagnostics and Therapeutics in Traditional Chinese Medicine (Chinese-English),

Prof. Zhang Changen's latest book, The Ten Stages of Diagnostics and Therapeutics in Traditional Chinese Medicine (Chinese-English), is published by People's Military Medical Press China recently. As a kind of the quintessence of China, Traditional Chinese Medicine has greatly contributed to human health with its unique theory and effects. To expand TCM with Beijing's Olympic Games as a opportunity, Prof. Zhang put forward this book. Some foreign specialists hold that the book will not only be a practical reference for clinicians of TCM, but also bring popular science knowledge of TCM for the common readers and foreigners. Concentrating on categorizing the extensive and profound knowledge into ten procedures, the book presents:

1.presentation of the symptoms and pulses, 2. synthesis of the four diagnostics, 3.estimation of the disease field, 4.syndrome differentiation of various diseases, 5.syndrome identification with eight principles, 6.distinction of formula syndromes, 7.formation of therapeutic principles, 8.draft for therapeutic methods, 9.selection of formulas and drugs and 10.observation and nursing after treatment. The ten stages in the book embracing the theories, methods, formulas and herbs, has the merit of

“holding the brief to cope with the diverse” . If studying it earnestly and grasping its essence, the readers are surely to improve their abilities of understanding and practicing TCM.

From learning and advocating the doctrine of the medical sage Zhang Zhongjing, Prof Zhang is an expert at using classical formulas of TCM and at applying the treatment of difficult and chronic diseases with marked curative effects. His early masterpieces include 'Chinese Formula Syndromes' and 'Exposition of Zhang Zhongjing's Medicine Administration' .

The book, The Ten Stages of Diagnostics and Therapeutics in Traditional Chinese Medicine (Chinese-English), is de luxe, ¥66.00 . P376. 170×230mm.

作者介绍:

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书评

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