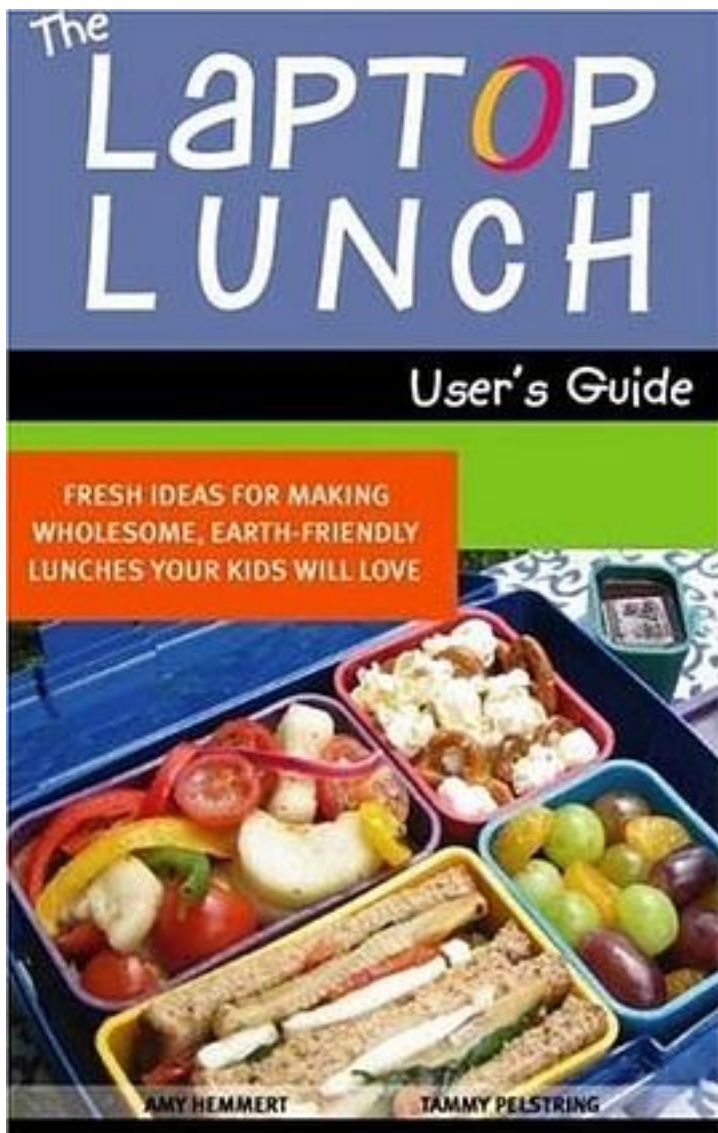


The Laptop Lunch User's Guide



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The Laptop Lunch User's Guide provides great ideas for making creative, healthy lunches that children love. The book features nutritional requirements, strategies for improving lunchtime nutrition, tips for picky eaters, suggestions for smart shopping, quick-reference shopping lists, waste reduction tips, creative lunch menus, and kid-friendly recipes.

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