Personality Disorders

HEALTH AND PSYCHOLOGY SOURCEBOOKS

Personality Disorders
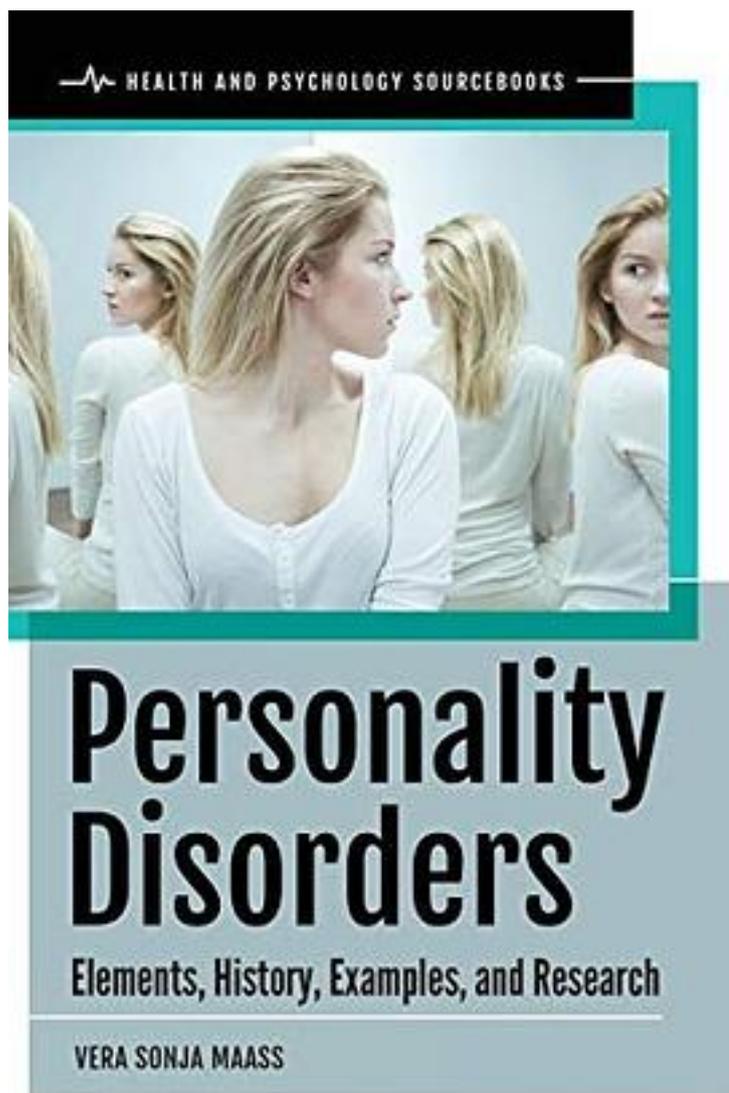
Elements, History, Examples, and Research

VERA SONJA MAASS

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Details each of the 10 personality disorders, in a format that makes locating information easy.

· Provides a glossary for terms used in association with the disorders

· Offers a "For Further Reading" section of recommendations for continued study of personality disorders

· Presents additional resources that can provide further information, assistance, and professional connections

· Features a detailed index for quick location of specific information

作者介绍:

Vera Sonja Maass, PhD, is a licensed clinical psychologist, marriage and family therapist, and mental health counselor in private practice. Her teaching experience includes terms at the University of Indianapolis and Ivy Tech Community College.

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标签

心理学

人格障碍

评论

人格障碍是一个看似相当有趣的题目，但实际上与其它专业领域一样，一旦从科学上严谨考量，那么表明上有趣的事物往往会变成令人厌烦的条条框框。这本书是标准的条条框框组成的专业入门书，由于枯燥呆板所以谈不上科普，可是内容却不需要额外的预备知识，读起来非常轻松简单，十种人格障碍，十章，每章20多页，症状、诊断、历史、成因、过程、社会与人际、理论与科研、治疗、事例，每章的格式基本都是这样固定的，所以其实也说不了太深入的东西，三星评价，不好不坏，作为快速参考的确是很不错的样子，一共才200多页，翻起来非常快就能读完。人格障碍作为极具话题性的对象，相关的书籍很多，亚马逊上随便一查就有大量搜索结果，但其中很多少是出自专业权威之手，有多少是出自方法论有问题的项目呢？起码这一本在专业性上是靠谱的，其它资料以后再看。

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书评

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