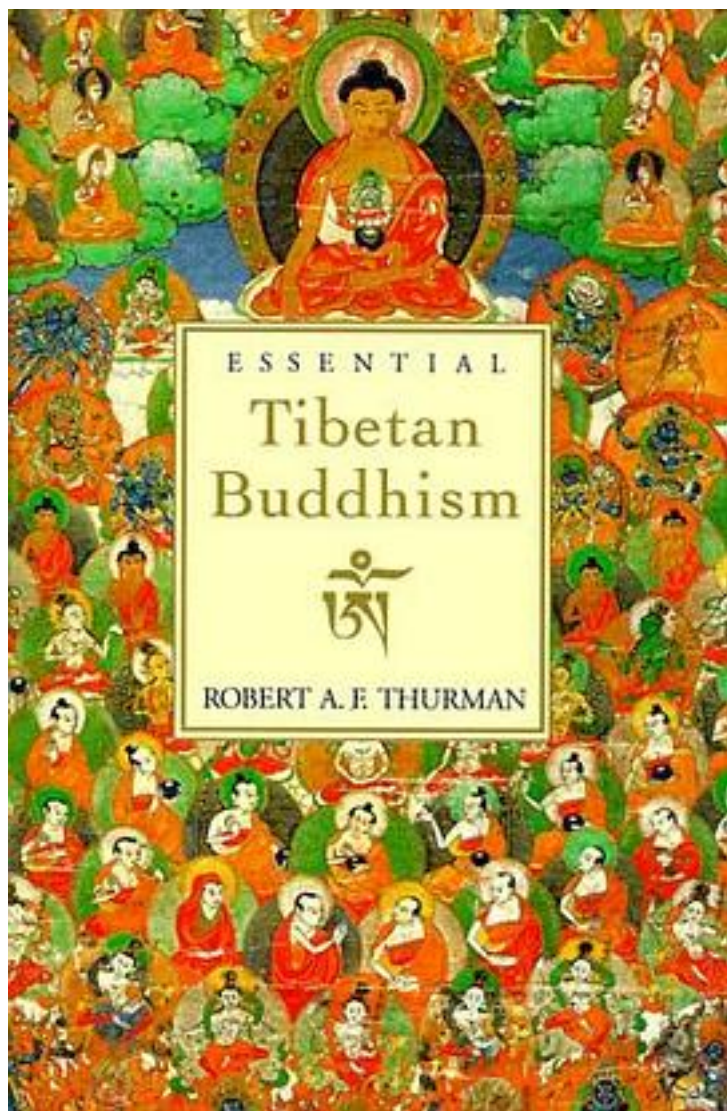


Essential Tibetan Buddhism



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WINNER OF THE TRICYCLE PRIZE FOR EXCELLENCE Expertly and lucidly surveying the basic varieties and teachings of Tibetan Buddhism, renowned scholar Robert Thurman makes this authentic spiritual tradition available to contemporary Western audiences

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评论

只看了前面的历史，后面的scripture估计我是理解不了

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