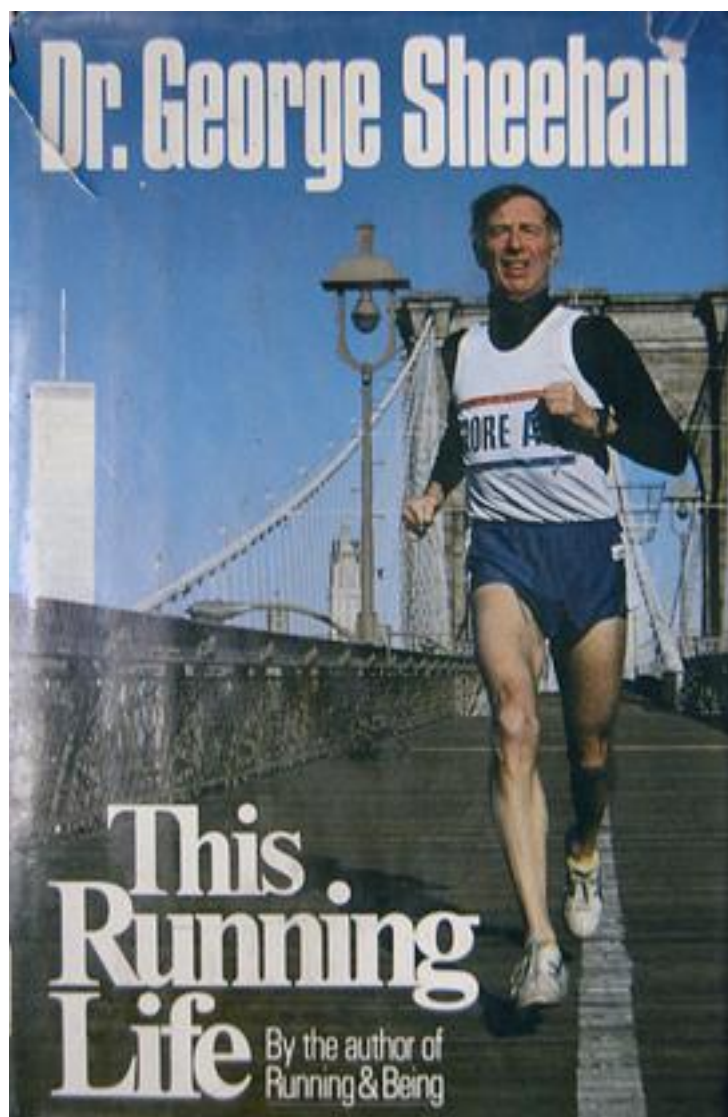


# This Running Life



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著者:Dr. George Sheehan

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作者介绍:

Dr. George Sheehan has written many books about running, the most famous one is 'Running & Being' which is called a bible for runner.

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