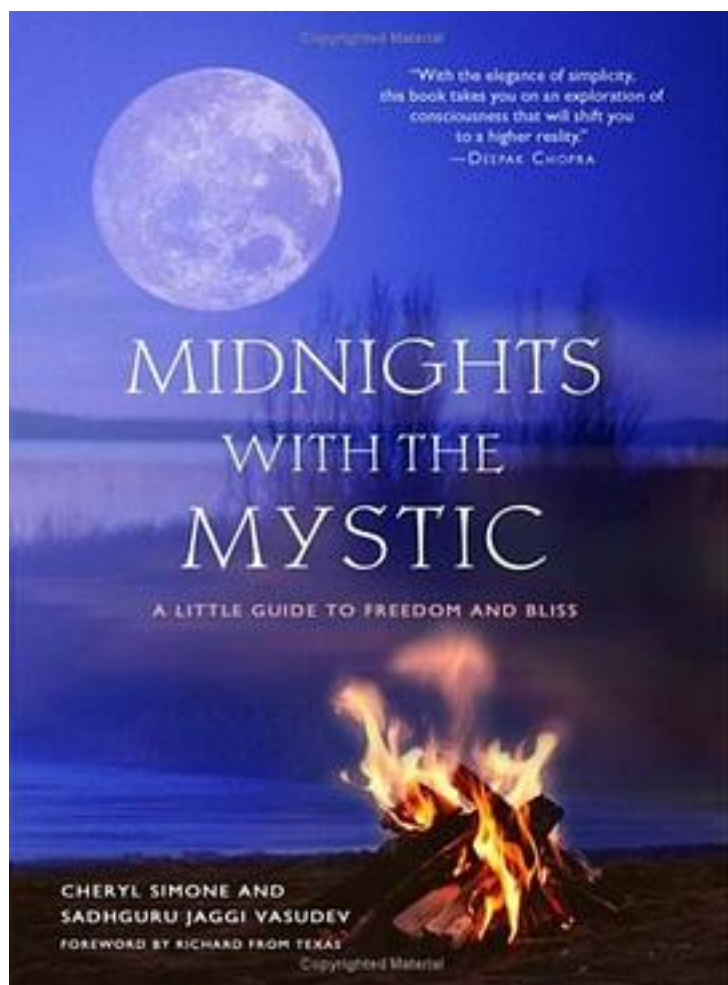


midnights with the mystic



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作者介绍:

Cheryl Simone, an Atlanta real estate developer, was the typical baby boomer in search of an authentic spiritual experience. Professionally successful, yet spiritually arid, she discovered a way into what she was looking for in the teachings of Sadhguru.

Sadhguru Jaggi Vasudev is a Master, Mystic, and Yogi from South India. The master is an open doorway to divinity. He offers an opportunity to transcend the body and mind and experience the boundless divine bliss within. Sadhguru's very presence has transformed tense, indecisive, temperamental, rigid, and timid minds to calm, relaxed, effortless and dynamic ones. Medically hopeless cases have been cured in his presence, and hard-core criminals have been transformed into sage-like beings by his grace. Sadhguru Jaggi Vasudev embodies universal truth of the great spiritual masters of East and West, which transcends religious boundaries. His life-transforming yoga programs help individuals regain their natural state of health, inner peace, freedom, and bliss. Sadhguru offers yoga as a science and vehicle for expansion of human consciousness. Through his wisdom and love, the master shows us that individual transformation is the only lasting way to establish a peaceful and prosperous global society. Sadhguru's life and work spring from his compassion and determination to alleviate suffering. He is the founder of Isha Foundation, a non-profit organization conducting public welfare programs worldwide to advance physical, mental and spiritual health. Sadhguru's humanitarian initiatives with the United Nation for world peace and his outreach program for life-term prisoners and destitute children are internationally renowned. Among his most powerful gifts is the Dhyanalinga multi-religious temple and meditation shrine, an eternal energy center of tremendous proportions which radiates the seeds of enlightenment and liberation for all mankind. About himself, Sadhguru says, "This life for me is an endeavor to help people experience and express their divinity."

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