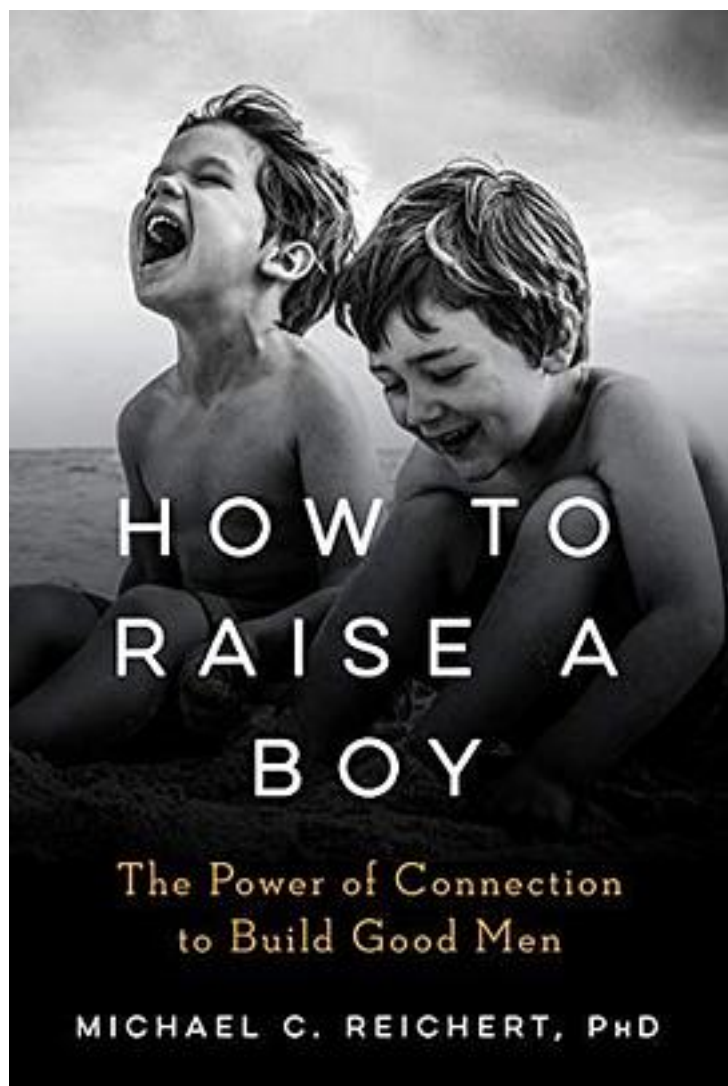


How To Raise A Boy: The Power of Connection to Build Good Men



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At a time when many boys are in crisis, a much-needed roadmap for helping boys grow into strong and compassionate men. In this groundbreaking book, a leading psychologist and researcher of the journey from boyhood to manhood reveals how narrow conceptions of what it means to be a "real boy" or "real man" are hurting boys and the vital role parents and educators can play in creating safety nets for boys. Over the past two decades there has been an explosion of new studies that have expanded our knowledge of how boys think and feel. Recently, the #MeToo movement has cast a spotlight on the question of how we can best raise boys to be respectful of women. In this book, Michael Reichert draws on his decades of research to challenge age-old conventions about how boys become men. Parents are increasingly anxious that their boys -- in an effort to be stoic and "man like" -- are shutting down. In this book Reichert explains how old paradigms about manhood may be impacting our boys and how parents, educators, and mentors can help boys develop socially and emotionally. How to Raise a Boy provides those who care for young boys and teenagers the latest insights from psychology and neuroscience to give us the tools we need to help build more self-aware, caring and compassionate men.

作者介绍:

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标签

parenting

boy

评论

如何养育男孩，如何养育女孩，其实都是我们对自己的性别观去社会化的过程。

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