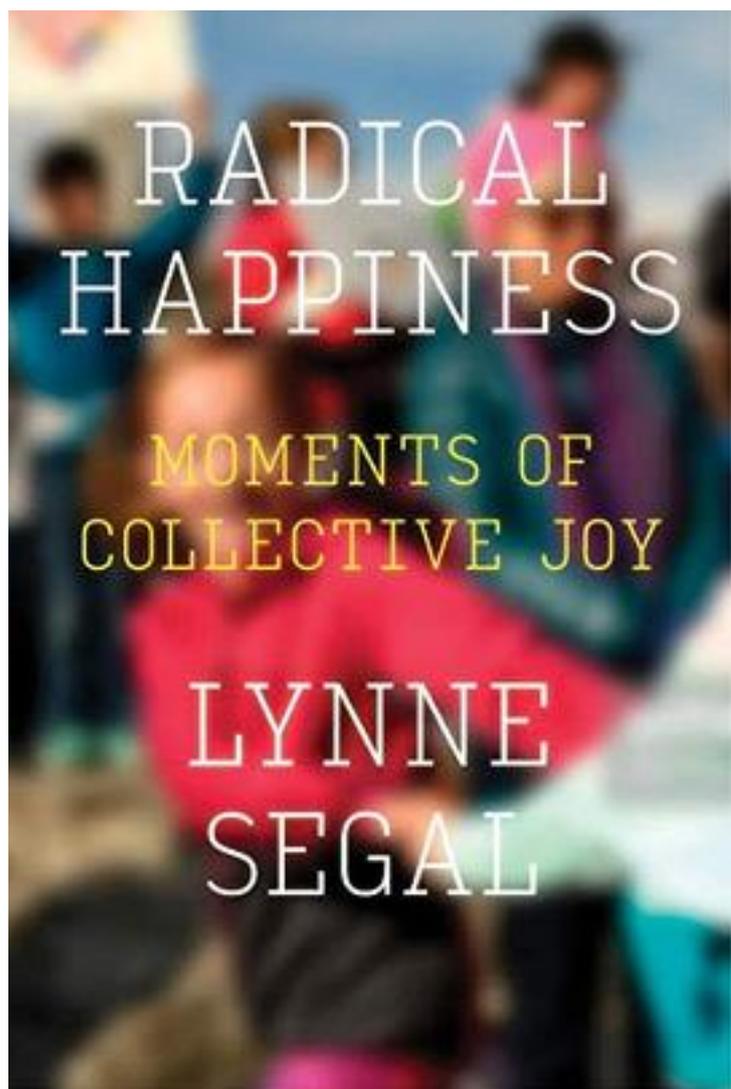


Radical Happiness: Moments of Collective Joy



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A passionate call to rediscover the political and emotional joy that emerges when we share our lives. In an era of increasing individualism, we have never been more isolated and dispirited. A paradox confronts us. While research and technology find new ways to measure contentment and popular culture encourages us to think of happiness as a human right, misery is abundant. Segal believes we have lost the art of “radical happiness” —the liberation that comes with transformative, collective joy. She argues that instead of obsessing about our own well-being we should seek fulfillment in the lives of others. Examining her own experience in the women’s movement, Segal looks at the relationship between love and sex, and the scope for utopian thinking as a means to a better future. She also shows how the gaps in care that come from the diminishing role of the welfare state must be replaced by alternative ways of living together and looking after one another. In this brilliant and provocative book, Segal proposes that the power of true happiness can only be discovered collectively.

作者介绍:

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