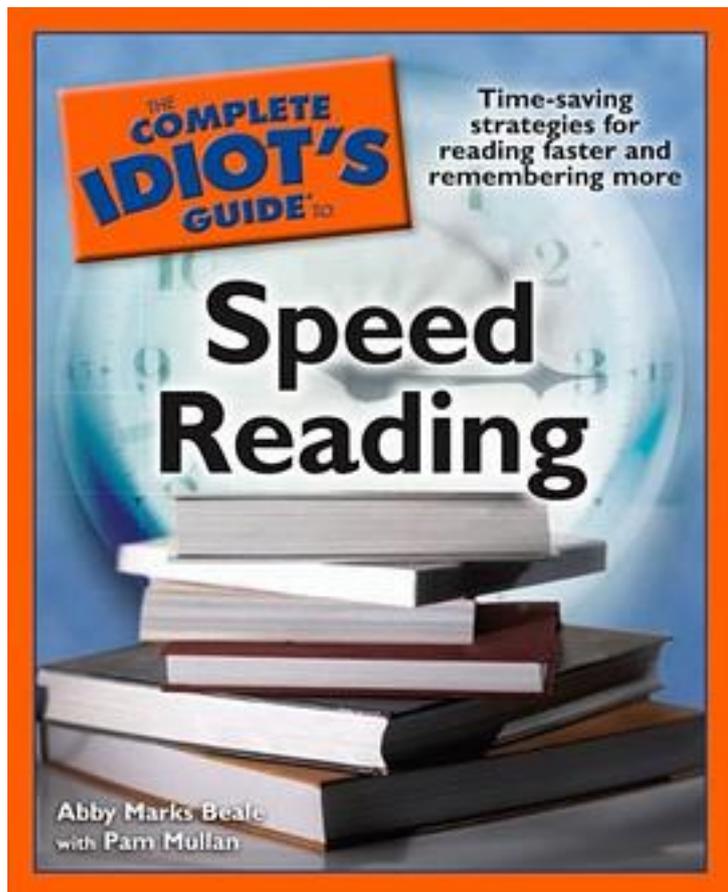


The Complete Idiot's Guide to Speed Reading (Complete Idiot's Guide to)



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On your marks, get set, read!

Most adults today are working with antiquated skills and ingrained beliefs about their

reading abilities, or lack thereof. But with the tips and examples offered in The Complete Idiot's Guide® to Speed Reading, getting through a load of must-do reading doesn't have to be an arduous or overwhelming chore. The strategies are surprisingly simple once revealed. With practice, readers will not only speed through and understand books, articles, and professional journals but will also build their personal reading confidence and competence.

- Written by a reading specialist
- Useful for students, business people, lawyers, doctors
- Includes how-to strategies as well as practice timed readings
- Tips for reading on paper and onscreen

作者介绍:

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评论

美国人写书就是啰嗦。其实有用的感觉就一句，大脑比你想象中能更快的阅读信息，对于一般读物，不需要逐字逐句识别。

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