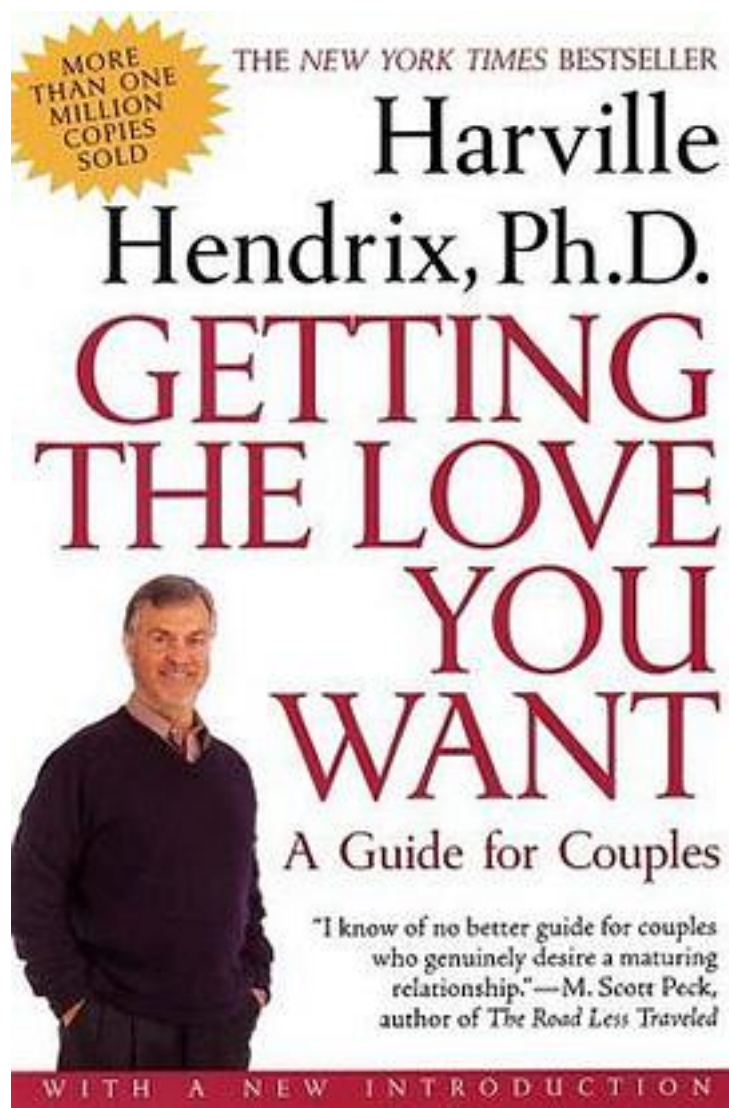


Getting the Love You Want



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REVISED AND WITH A NEW FOREWORD ARE YOU GETTING THE LOVE YOU WANT? Originally published in 1988, "Getting the Love You Want" has helped millions of couples attain more loving, supportive, and deeply satisfying relationships. The 20th anniversary edition contains extensive revisions to this groundbreaking book, with a new chapter, new exercises, and a foreword detailing Dr. Hendrix's updated philosophy for eliminating all "negativity from couples' daily interactions, allowing readers of the 2008 edition to benefit from his ongoing discoveries during his last two decades of work. Harville Hendrix, Ph.D., in partnership with his wife, Helen LaKelly Hunt, Ph.D., originated Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents. Together they have more than thirty years' experience as educators and therapists and their work has been translated into more than 50 languages, with Imago practiced by two thousand therapists worldwide. Harville and Helen have six children and live in New York and New Mexico. Harville Hendrix, Ph.D., has more than thirty years of experience as an educator, public lecturer, and therapist. His work has been translated into more than fifty languages and Imago Therapy is practiced in thirty countries. Hendrix and his wife, Helen LaKelly Hunt, are the co-creators of Imago Relationship Therapy--a unique healing process for couples, prospective couples, and parents--which is practiced by two thousand therapists worldwide. They have six children and live in New Jersey and New Mexico. Originally published in 1988, "Getting the Love You Want" has helped millions of couples attain more loving, supportive, and deeply satisfying relationships. The 20th anniversary edition contains extensive revisions to this groundbreaking book, with a new chapter, new exercises, and a foreword detailing Dr. Hendrix's updated philosophy for eliminating all "negativity from couples' daily interactions, allowing readers of the 2008 edition to benefit from his ongoing discoveries during his last two decades of work. "Getting the Love You Want" is also available on CD as an unabridged audiobook. Please email academic@macmillan.com for more information. "Hendrix provides much insight into how spouses can mature through one another."--"Booklist" "Harville Hendrix offers the best program I've seen for using the love/hate energy in marriage to help a couple heal one another and to become whole together."--T. George Harris, Editor-in-Chief, "American Health" "I know of no better guide for couples who genuinely desire a maturing relationship."--M. Scott Peck, author of "The Road Less Traveled" "Getting the Love You Want" is a remarkable book--the most incisive and persuasive I have ever read on the knotty problems of marriage relationships."--Ann Roberts, former president, Rockefeller Family Fund "Getting the Love You Want" provides a road map for partners seeking a path to intimacy and passionate friendship."--Marion Solomon, Ph.D. "This book will help any couple find the love they want hidden under all the concealing confusion of a close and intimate relationship. I have seen these principles in application and they work"--James A. Hall, M.D.

作者介绍:

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标签

心理学

心理

婚恋

Therapy

LOVE

Couple

英文版

英语原版

评论

人人都读读最好了，感谢学姐

Here comes the couple and family therapy!

从心理学的角度分析了传说中找到“命中注定”的人一起坠入爱河到底是什么。也解释了和“命中注定”的人结婚最终真的会命中注定的“互相伤害”。书中提出了一些练习可以将“互相伤害”的关系转化为自我完善的成长，这个过程还只有和“命中注定”的人一起才能完成。对于我这样不想生孩子，恋爱结婚并不是为了经济需求的人而言，和爱人一起完善修行是目前让我想要继续这段婚姻的意义。等我们做完练习再回来写书评！

书的一个主要的观点就是人都会被具有自己父母特质的人吸引，潜意识里恢复自己成长的环境，或者治愈自己小时候的创伤。这也就是说让我们特别有感觉的人往往是有一些

我们父母身上的缺点，只不过我们需要花很长的时间才能意识到。这种寻找伴侣的本能基本上就给婚姻埋了雷。书里有很多解决方案，值得一读。

Fantastic insights on lots of things....working on the exercises now. A long journey towards personal growth

We are all children seeking to heal old wounds. Once you realize this, you can redesign your relationships to help each other, turning a flagging romance into a marriage built on growth and fulfillment. As you change, you'll begin to understand the power of universal brotherly love and become healers for each other. 每个人都是孩子。

一本处理婚姻关系的好书。

真的非常好，对家庭和婚姻的理解非常深刻，对个人和社会的帮助都会非常大。

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书评

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