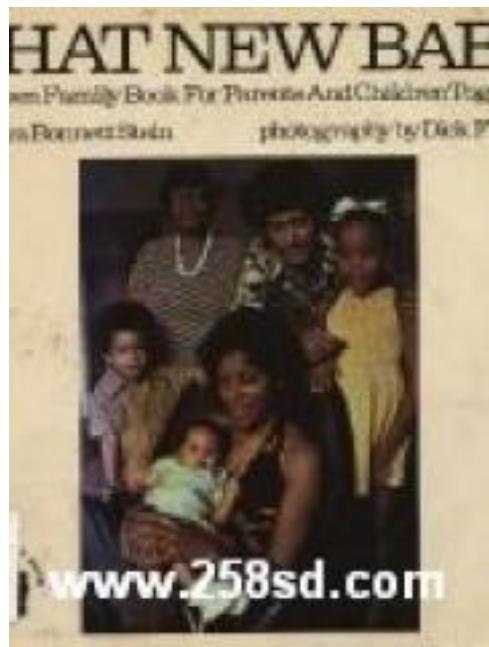


That New Baby: An Open Family Book for Parents and Children Together



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When your child was a baby— you took him to get immunized for childhood illnesses— but you knew they would help the body to cope with far more serious threats in life— there are other threats as painful and destructive to a child's growth as physical illness: Separation—ents— a death in the family— a new baby— fears and anxiety of his own imagining that hurt as much as pain— These Open Family Books are to help adults prepare children for common hurts of childhood. Caring adults try to protect their child from difficult events. But still that child has ears that overhear— read the faces of adults around him. If people are worried— he knows it. If people are angry— he

knows that too. What he doesn't know—if no one tells him—is the story. In his attempts to make sense of what is around him, he fills in the fragments he has no time for fantasized explanations of his own which, because children are often more frightening than the truth, are more easily damaged than ourselves. But the difference we sense is not widely understood. Children are damaged because they cannot make distinctions between what is real and what is unreal, what is logic. The tiger under a child's bed is as real to him as the tiger in the zoo. When he believes his wish can make the bad things go away, His fearful imagining about what is going on around him because he has no way to test the truth. It is the job of parents to support and explain, to guide a child toward the truth even if it is painful, may be small, just as a dose of vaccine is adjusted to the smallness of a baby; but even if it is a little awkward, only straightforwardness that gives children strength to deal with things not as they imagine, but as they are. To do that, parents need to understand what so-called fantasies misunderstandings are common to each other—what they might expect at three years old or seven. They need simpler ways to explain things.

作者介绍:

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