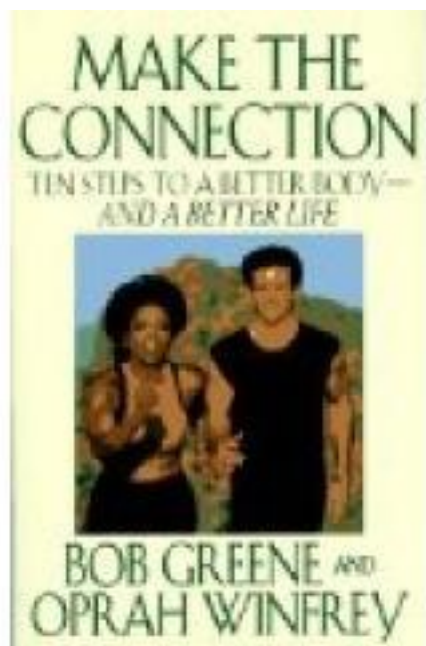


Make the Connection: Ten Steps to a Better Body and a Better Life



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著者:

出版者:

出版时间:

装帧:

isbn:9780786862566

A book detailing Bob Greene's exercise program includes a ten-step regimen, with testimonials by Oprah Winfrey detailing her success with the program that led to her losing weight and feeling better about herself. \$1, 000, 000 ad/promo. Tour. Lit Guild, Doubleday, & Doubleday Health.

作者介绍:

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