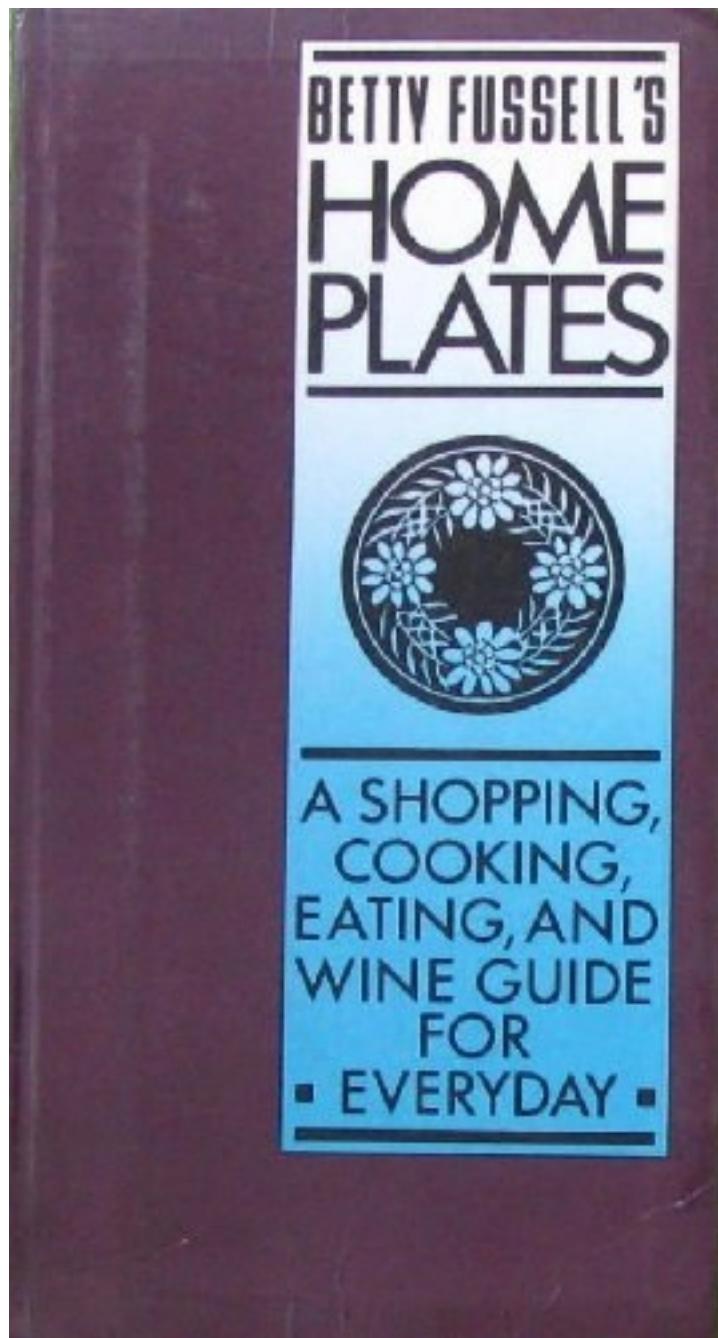


# Betty Fussells Home plates



[Betty Fussells Home plates 下载链接1](#)

著者:Betty Fussell

出版者:

出版时间:1990-6

装帧:简装

isbn:9780525248613

end. A moment for the two of you..i¼ whether it's you and anotheri¼ or you and yourself. This book is designed to help both of you make the most of it--home freei¼ home safe.  
Since junk time is more valuable than junk**bonds to urbanites on the runi¼** this book is phys-icaUy designed to make shopping and cooking**as fast as possible so that eating may be as leisurely as possible.** With this guide in handi¼**<br>pursei¼ or pocketi¼** you can improvise shopping**as easily as cooking.** Make a note of major ingredients-**the ones that you might have to shop for or that distinguish a particular dish--<br>so that you can square what the market has<br>with what the dish requires.** If the shrimp in**<br>the store looks suspecti¼** forget Charred Shrimp**<br>Poblano** and move on to Roasted Garlic Cod. If**<br>the pears are ripei¼** forget Gingered Figs and**<br>think Perned Pears.**  
The minor ingredients used in these recipes**<br>are staples you should keep in your kitchen:<br>flouri¼ sugari¼ extra-virgin olive oili¼ unsalted but-teri¼ good red and white wine vinegarsi¼ onionsi¼ g~rlici¼ lemor~i¼ sea salti¼ pepper in a grinderi¼**  
**<br>and dry spices in small quantities kept away<br>from heat and light.** In additioni¼ the recipes in**<br>this book draw on a range of flavorings we've<br>learned to enjoy from the ongoing ethnic hodge-podge of our cities: Chinesei¼ Thaii¼ Japanesei¼<br>Italiani¼ LstLn American.** Todayi¼ a well-stocked**<br>kitchen ~**dll also include soy saucei¼ cumin seedsi¼**<br>gingerroot (fresh or frozen)i¼ jalapefio peppers<br>or other.fresh hot chili peppersi¼ balsamic vi-**  
**<br>negarii¼ fresh eilantro. F~sh is the key word in<br>the recipes that follow: black pepperi¼ as well as<br>cunfini¼ corianderi¼ arid nutmeg are always<br>**

作者介绍:

目录:

[Betty Fussells Home plates\\_ 下载链接1](#)

标签

评论

Betty Fussells Home plates 下载链接1

书评

Betty Fussells Home plates 下载链接1