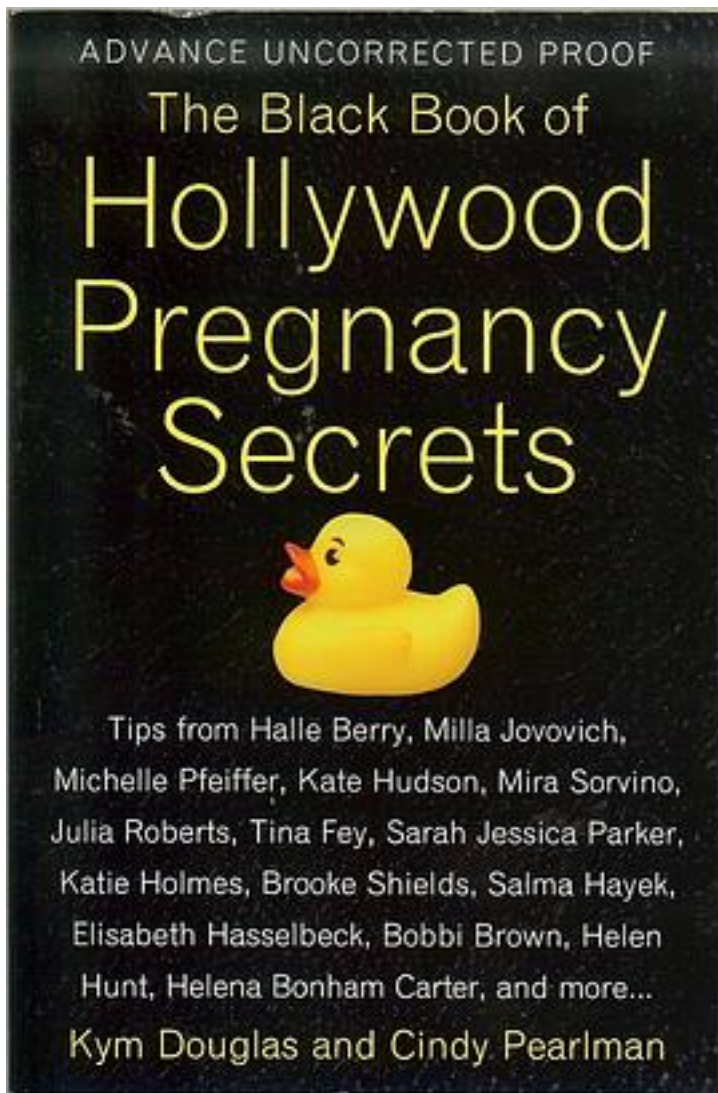


The Black Book of Hollywood Pregnancy Secrets



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Hollywood moms have got it going on-from Halle Berry to Julia Roberts,Angelina Jolie to Katie Holmes.Now the authors of The Black Book of Hollywood Diet Secrets and The Black Book of Hollywood Beauty Secrets are here to reveal hoe the stars do it-and how any mom can too.

Kym and Cindy once again got the insider beauty secrets from A-list celebrities,asking what they did to look fantastic during pregnancy and after childbirth.The stars talk openly about weight gain,cravings,acne,thinning hair,and feeling sexy.How did they lose the baby fat?What are the best makeup and hair routines?What are the fashion dos and don'ts?

With tips from Hollywood beauties Kate Hudson,Michelle Pfeiffer,Milla Jovovich,Helena Bonham Carter,and many more,The Black Book of Hollywood Pregnancy Secrets is the ultimate guide for moms who want to look and feel fabulous.

作者介绍:

Kym Douglas is one of the most sought-after beauty and lifestyle contributors on television.You can see her regularly on Ellen,E!Entertainment Television,and the Fox #1 rated los Angeles morning show Good Day LA.Kym blogs and has a weekly beauty and lifestyle newsletter on her website,kymdouglas.com.

Cindy Pearlman is the author of many books,including two teen novels plus the film book You Gotta See This.She is a nationally syndicated writer for the New Times syndicate and the Chicago Sun-Times.

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标签

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Penguin

评论

we are our own harshest critics.

Mummy is a beautiful word. Mummy is a beautiful world.

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书评

爱情是小说的永恒主题，孩子是女性的永久话题。
生，还是不生？什么时候生？采取何种分娩方式？一切顺其自然，还是每一步精心安排？

一位毕婚族妈妈有些无奈：“为什么每一次和老同学见面，大家都要问我这些问题？”
没有经历过，所以好奇。我们笑称等同学们都生过小孩以...

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