Mood



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著者:William N. Morris

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This important new monograph describes research on the two primary aspects of mood, and examines people's attempts to regulate and alter their own mood states. Morris acknowledges the variety of theories about affect that seem especially pertinent to understanding mood; discusses what is known about the relationship of mood onset to environmental events and endogenous processes; and considers the large and steadily expanding literature on the effects of everyday mood on cognition, perception, and social behavior.

作者介绍:

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