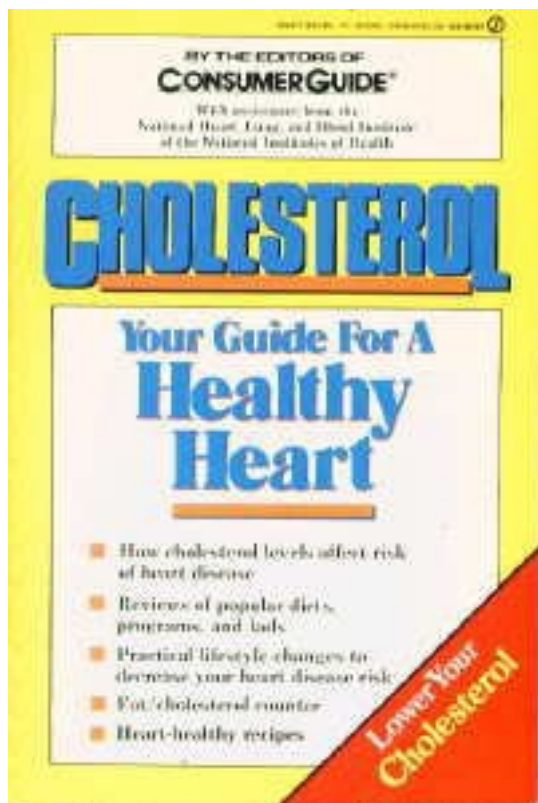


Cholesterol



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著者:Consumer Guide editors

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A guide to lowering cholesterol shows how blood cholesterol levels affect the heart; discusses popular diets and practical lifestyle changes; and offers listings of the fat and cholesterol content of common foods and healthful recipes. Reprint.

作者介绍:

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