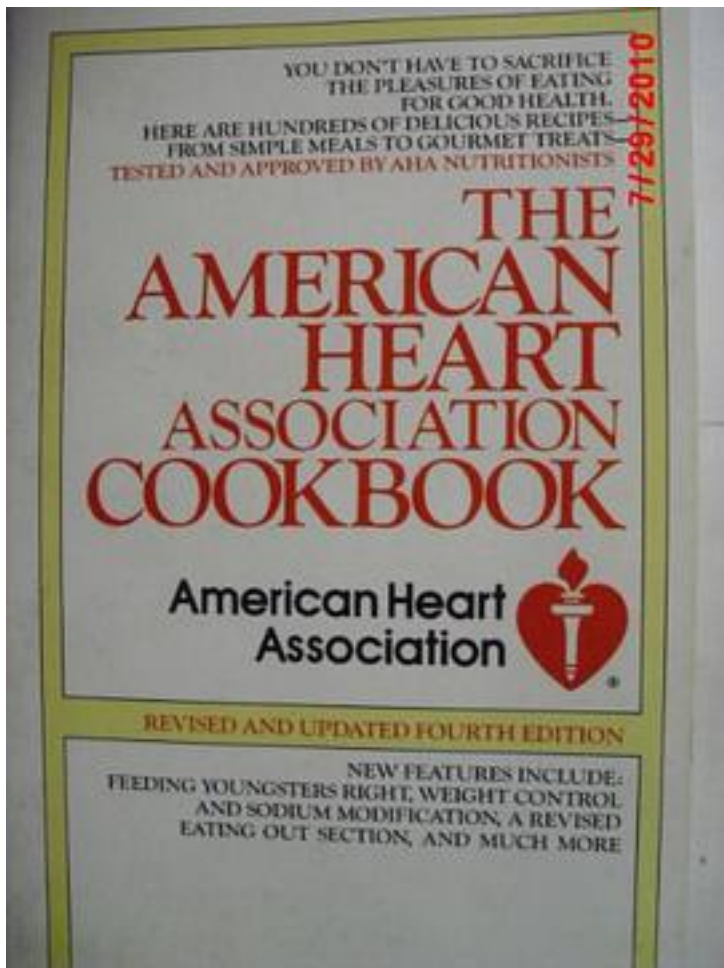


American Heart Association Cookbook



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著者:Ruthe Eshleman

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Fully revised and updated with hundreds of new dishes, the "American Heart Association Cookbook" proves once again that healthful eating does not mean boring

eating! More than 600 kitchen-tested recipes, with a complete nutritional analysis for each!

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