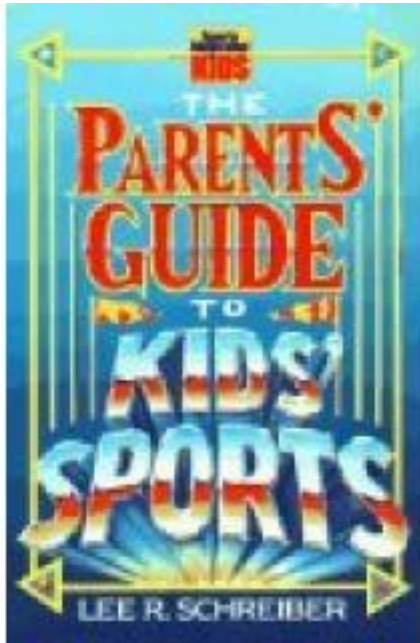


# The Parents Guide to Kids Sports Sports Illustrated for Kids



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You will know the answers to all those questions after you read The-Parents" Guide to Kids" Sports. You can help your child get the maximum benefit and enjoyment out of sports with this upbeat and informative approach to the important issues of physical and psychological

development; the changing role of girls in organized sports; safety, exercise and nutrition; sports and the single parent; and more.

The book s format makes it easy to use and includes a special sport-by-sport breakdown. Whether your child is interested in organized or recreational sports, this is the book for you.

作者介绍:

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