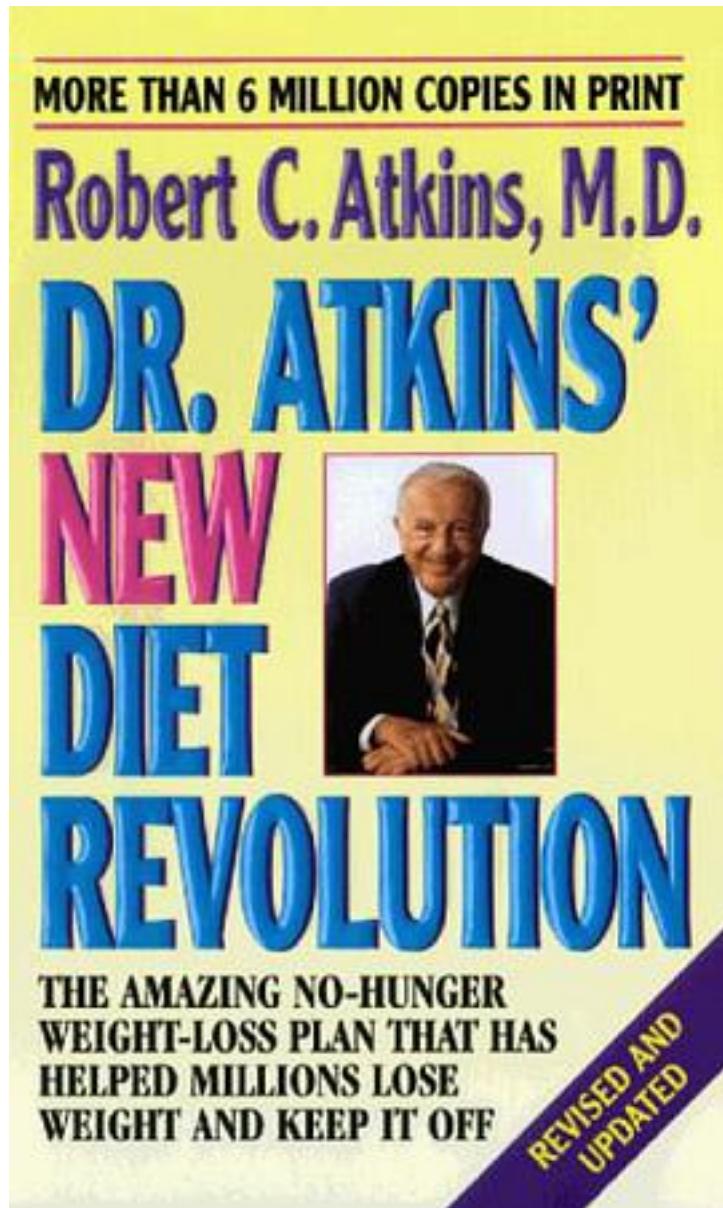


Dr. Atkins' New Diet Revolution



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"Dr. Atkins' New Diet Revolution" offers not just weight loss, but total wellness designed for the overweight metabolism. You can eat the delicious meals you love, never count calories, enjoy a cheeseburger when you're hungry, see amazing results in 14 days, and reach your ideal weight...and stay there. The "New Diet Revolution" diet can help you reduce major health problems, including chronic fatigue, diabetes, and high blood pressure; can protect your heart; and show you why eating rich, delicious gourmet foods can be your path to permanent weight loss. Spectacular recipes from a world-famous chef are included. This updated edition includes valuable new information on supplements to help you achieve total wellness.

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