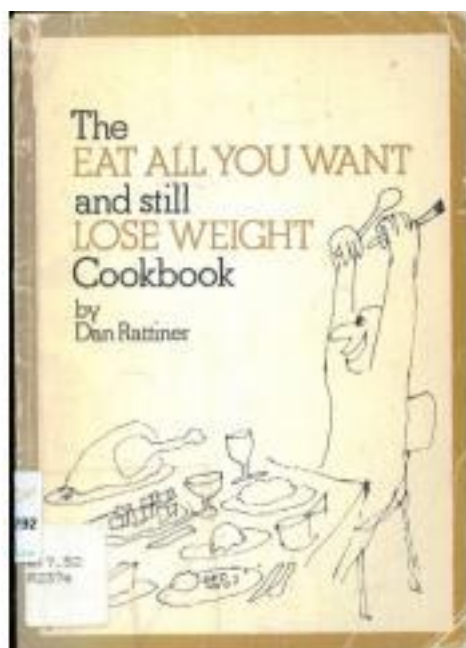


Eat All You Want and Still Lose Weight Cookbook



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Eat all you want and
still lose weight? Is
Rattiner out of his
mind? Believe it or not,
the recipes in this book
actually support the

premise from the first
page to the last. Flip
through the pages of
this book. Read the
recipes for frog soup,
octopus, clams a la
Mazatlan and squash
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WORKS!

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