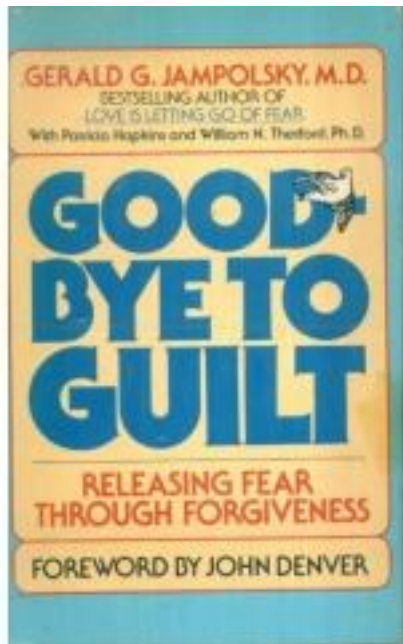


Goodbye to Guilt: Releasing Fear through Forgiveness



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What I most appreciate about Jerry, Jampolsky is his ability to articulate emotions and describe experiences that all of US have had, in a way that allows US to understand our own problems, to make clearer who and what we are as human beings and what makes US tick. He helps US to begin to know why we do some of the things we do. When I read Jerry's words or talk with him, I am constantly reminded of how I related to certain troubling feelings or relationships in my own life, and I find myself saying, "Oh, I see, that's what was going on."

I, too, am a student of A Course in Miracles. I have read

Jerry s books Love Is Letting Go of Fear and Teach Only Love, and now this manuscript of Good—bye to Guilt. These books have been invaluable to me, not only in understanding myself but in’ organizing and articulating my thoughts about life and the world we live in to others.

作者介绍:

目录:

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