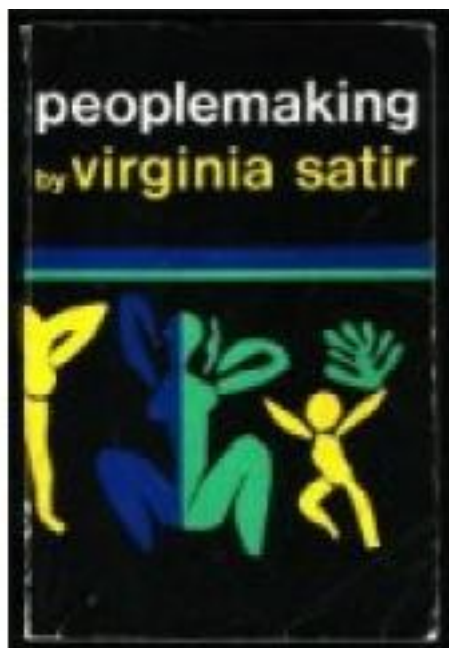


Peoplemaking



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著者:

出版者:

出版时间:

装帧:

isbn:9780831400316

Virginia Satir writes in an easy to relate to style about positive ways to support and encourage growth, development and understanding of the people in your family. Through simple games she helps you get in touch with what the existing relationships are among your family members and how they work, or why they may not be working as well as they might. She reaffirms that we own all of the parts of ourselves that make us who we are, and makes it easy and OK to take a look at them. Perhaps there are some behaviors that are puzzling, or get negative results that you see in yourself or other family members. After reading this book, you will see loving and comfortable ways to bring those behaviors into the light of day without criticism or embarrassment. Then, following simple but meaningful guidelines, you and your family will gain understanding and insight into behaviors and relationships that your family uses as its

operating system. You will be able to work on changes that you decide to make, and continue to feel trust and support of your family. Perhaps they want to change some things too.

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