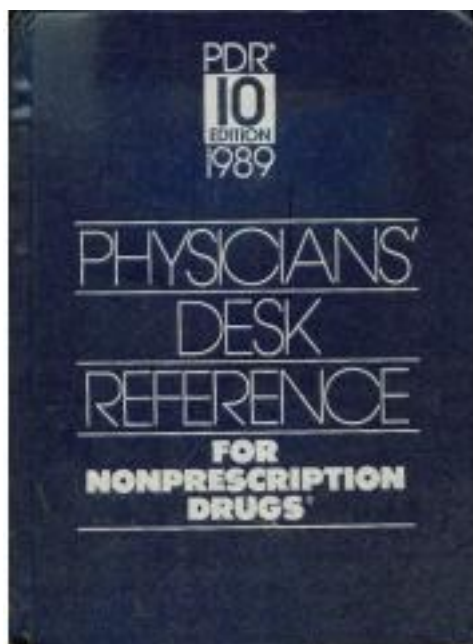


# Physicians Desk Reference for Nonprescription Drugs Physicians Desk Reference for Nonprescription Drugs, Dietary Suppleme



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Responsible self-medication is becoming ever more important in the health care of Americans. Self-medication continues to offer quick and inexpensive relief for minor health discomforts. Consumers of all socioeconomic levels have found the convenient availability and low cost of over-the-counter medicines (OTCs) an invaluable

able and welcome adjunct to the professional health care system.

Of great interest to health professionals is a trend that began with the OTC Review (the government's exhaustive evaluation of the ingredients and labeling in OTC products), and is now continuing through several regulatory avenues: that of transferring some ingredients and dosages from prescription to OTC (nonprescription) status. This is broadening the range of effective products available to consumers for self-medication, while improved labeling helps ensure appropriate use.

作者介绍:

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