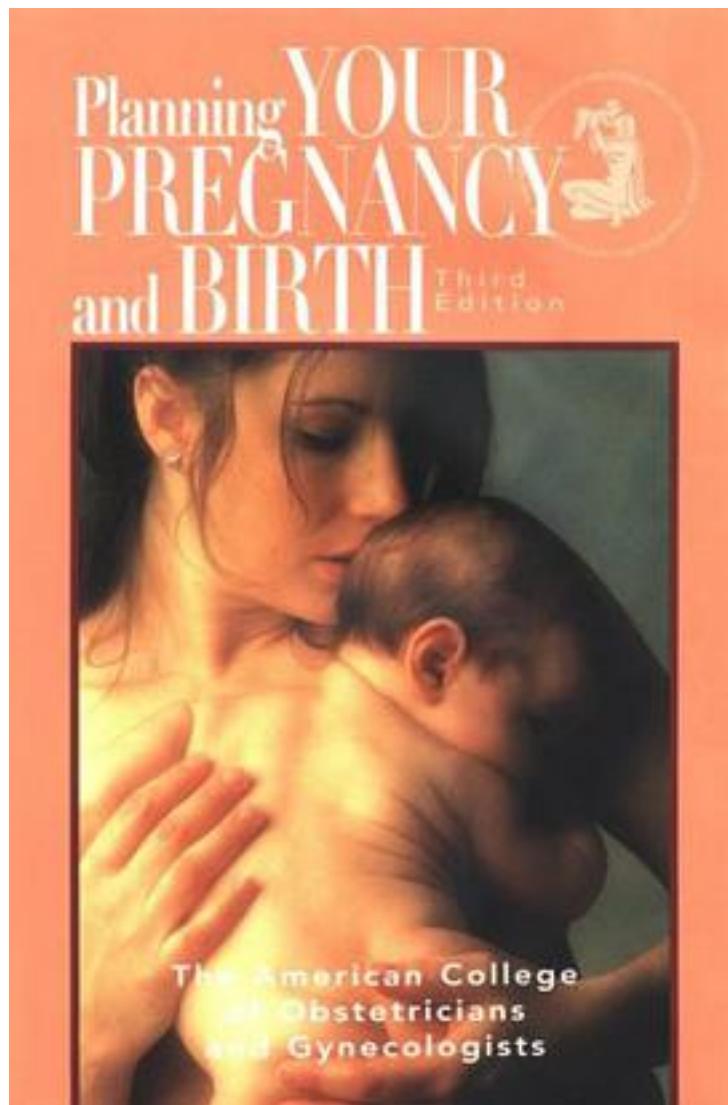


Planning Your Pregnancy and Birth Third Edition



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Book Description Now in it's Third Edition, Planning Your Pregnancy and Birth has become a classic, guiding almost 2 million women through their pregnancies. It is written with the collective knowledge of 40, 000 experts in the field of obstetrics, but with the pregnant woman's concerns and interests in mind. From planning for a baby, through pregnancy and birth, to those important first weeks of a new life, advice is offered to educate, to inform, to relieve, and to prepare pregnant women for one of the most thrilling and fulfilling times in their lives. Features include: Checklists and questionnaires to guide your pregnancy; Charts for tracking the growth of your baby; An all new chapter on breastfeeding; Glossary of terms.

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