

# Survive!



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著者:Les Stroud

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From the sun-scorched sands of the Kalahari to the snake-infested jungles of the Amazon, Les Stroud has made a life of surviving in the harshest—and most

remote—regions on Earth.

Now, the creator, producer, and host of the hit television program *Survivorman* transfers his decades of knowledge and experience to the pages of *Survive!*, a practical guide that gives everyday readers a no-nonsense look at the real world of survival.

Stroud offers readers the essential skills and tactics necessary to endure in any corner of the globe, along with a wealth of insider information born of his own experiences in the outdoors and unavailable in any other book. Readers will learn:

How to make a survival shelter and why a lean-to is largely a waste of time.

Why survival kits are important, and why you should make your own.

Where to find water and why drinking contaminated water is sometimes warranted.

How to locate and trap small animals and why the notion of tracking and hunting large game is largely a pipe dream.

作者介绍:

Les Stroud is a filmmaker, outdoor adventurer, singer-songwriter and creator of the hit show *Survivorman*.

He is a member of the prestigious Explorers Club and has produced, hosted, and appeared in many television specials including *Shark Week*, *Surviving Alaska*, and *Off The Grid with Les Stroud*.

He has been featured in numerous media outlets including *The Ellen DeGeneres Show*, *Larry King Live*, *Men's Journal*, and *Entertainment Weekly*.

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标签

生存

手册

# 评论

看完的第一本讲野外生存的书，Survivorman的主持人Les Stroud写的。野外生存的方方面面都顾及到了，就是没写怎么挑选适合练习野外生存的地方。书的质量很高，插画、图片和文字都很到位。推荐。

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# 书评

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