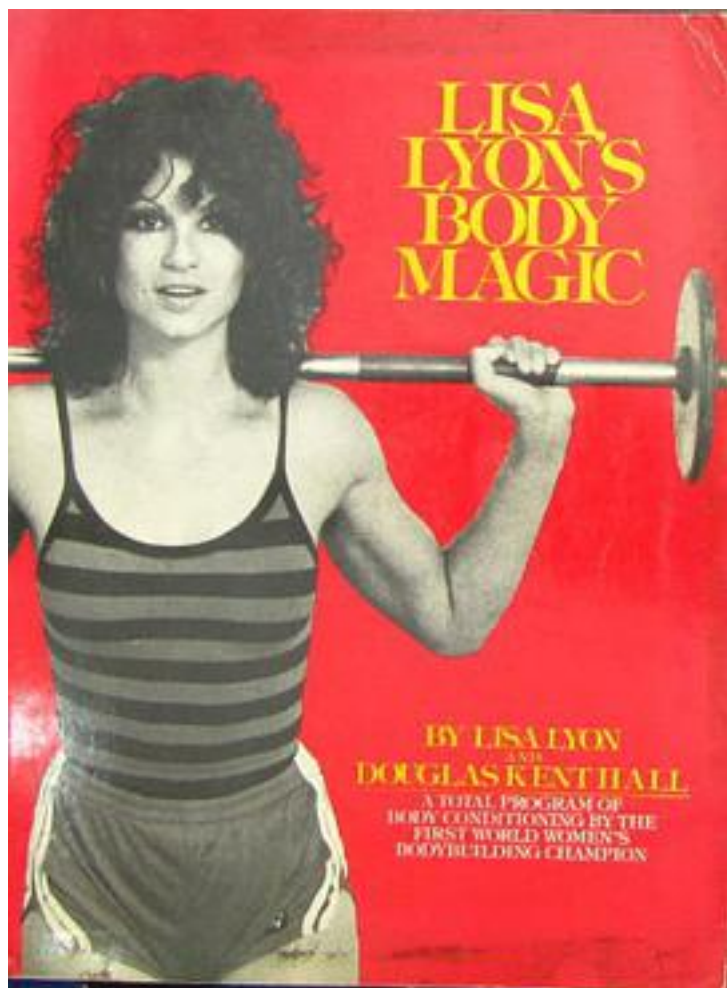


Body Magic



[Body Magic_下载链接1](#)

著者:Lisa Lyon,Douglas Kent Hall,Douglas Kent Hall

出版者:

出版时间:1983-5

装帧:

isbn:9780553012965

It was Arnold Schwarzenegger who first introduced me to Lisa Lyon.
\ "She s fantastic!\ " Arnold insisted. \ "You ve got to meet her.\ " An incredi-
ble appetite for

anything new¼ anything sensational¼ is part of this great
bodybuilder's exceptional charm. Arnold's enthusiasm can rise for a girl¼
a building he is considering buying¼ a new muscle car--someone's Ferrari¼
the latest Porsche. That day it was for Lisa Lyon.
It did not occur to me that Lisa might be a bodybuilder. None of the
odd assortment of women I had met with him--starlets¼ flight attendants¼ dancers¼ designers¼ or journalists--had ever shown any genuine
interest in bodybuilding beyond the spectacular results it had had on
Arnold.
He phoned and asked if he could bring me by to see her tape. She
was busy¼ running everywhere¼ trying to get a hundred things done. She
could meet us¼ but only for a short time because she had another ap-
pointment.
On the way to Lisa's apartment Arnold said he had met her one
night with Bob Rafelson¼ the director of \"Stay Hungry.\" She looked so
shy and fragile he had almost been afraid to talk to her. He thought if he
said the wrong thing she might break down and cry. However¼ the next
time he saw her¼ which was an accidental encounter in a store a few
months later¼ he didn't even recognize her. When she said her name and
reminded him of their meeting¼ he could not believe she was the same
person. She told him she had begun to work out with weights¼ that it had
changed her tremendously.

作者介绍:

目录:

[Body Magic_下载链接1](#)

标签

评论

[Body Magic_下载链接1](#)

书评

Body Magic_下载链接1