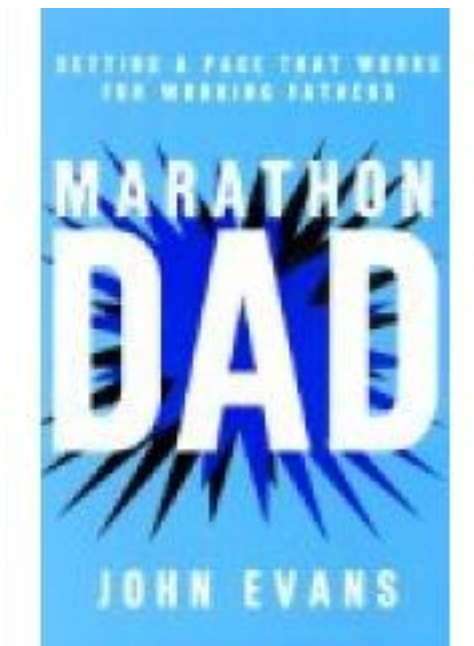


# Marathon Dad: Setting a Pace That Works for Working Fathers



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著者:

出版者:

出版时间:

装帧:

isbn:9780380975204

MARATHON DAD is an action plan for working fathers, never confusing the roles of father and mother. Some of the problems of the Marathon Dad and the Supermom are shared, but a successful Marathon Dad works with his partner to keep the family strong: there's much more involved than just deciding whose turn it is to go grocery shopping. The author gives you real-world programs and guidance on how to stop an overloaded schedule from claiming emotional fulfillment and intimacy as its casualties--strengthening your relationship with your children and your wife. See all Editorial Reviews

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