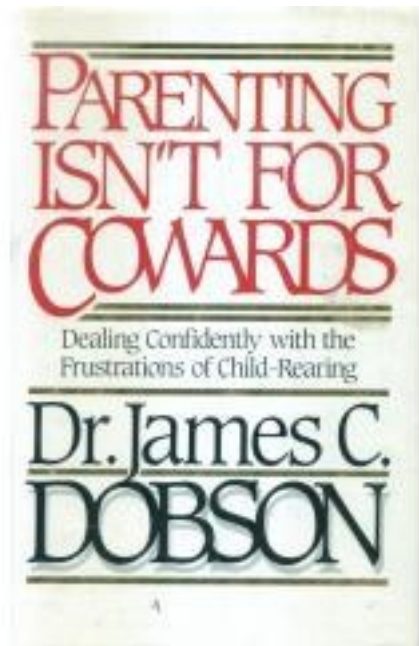


Parenting Isn for Cowards: Dealing Confidently With the Frustrations of Child-Rearing



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One thing can be said about every parent in the world. They start out as rank amateurs, and although many try to prepare themselves before having children,

everyone makes mistakes. And why not? Children are incredibly complex and no two are exactly alike. Once parents begin to learn how to deal with the temperament of one, another arrives on the scene and the rules of the game are changed! To make things more difficult, the pressures of an immoral society place new stresses on every family, enticing today's adolescents into drug and alcohol abuse, sexual experimentation and rebellion. Finally, some authorities have consistently blamed parents-especially mothers-for everything that can possibly go wrong with children, adding guilt to the burden of pain.

These frustrations have produced what Dr. James Dobson calls a "crisis of confidence" in today's parents. This fact was verified in his study of more than 35,000 parents. When Dr. Dobson asked about their greatest frustrations in raising children, the majority focused not on their sons and daughters, but on their own failures as parents. "I just can't cope" was the most common reply.

作者介绍:

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