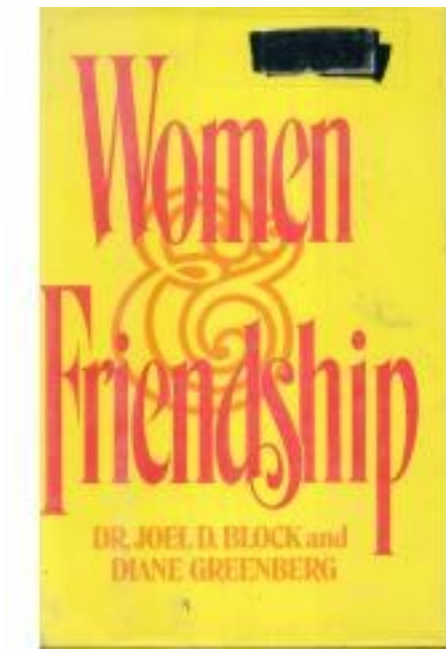


Women and Friendship



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Women & Friends reveals that women's friendships are deeper and more enduring than those between men. With more and more women working they are finding increased opportunity for friendship at the work place. Recent studies have shown the clear health benefits of friendships in terms of their ability to buffer stress. Based on firsthand interviews, original studies, and extensive research, Women & Friendship is a pioneering work that offers a contemporary portrait of these ties, including the ways these friendships are formed, the quality and depth of these friendships, friendships with the opposite sex, friendships affected by divorce, and changes in friendships during different stages of life. An excellent book for anyone seeking a better understanding of friendship among women. Dr. Joel Block is a Diplomate of the American Board of Professional Psychology and author of over 10

self-help books. Diane Greenberg is a freelance journalist who has published in the New York Times, Cosmopolitan, and Newsday.

作者介绍:

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