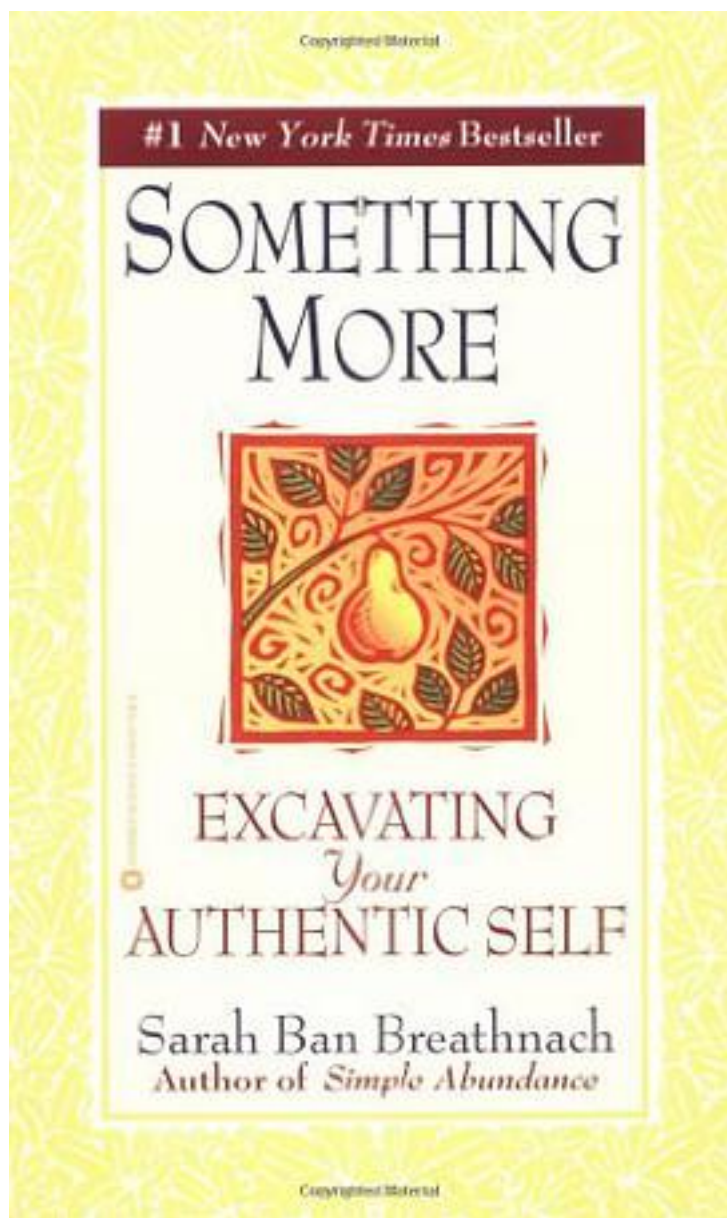


# Something More



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No matter how spectacular their lives may be, women today are plagued by the nagging feeling that there must be something more to happiness. And they're right. In this insightful and eloquent book, Sarah Ban Breathnach explores the nine stages necessary to living authentically: Sensing, Surviving, Settling, Stumbling, Selling Out, Starting Over, Searching, Striving, and finally, Something More. Through storytelling and interpretation, she leads women on a path to becoming "Archaeologists of Themselves" and helps them discover that that "something more" was deep within them all along. By providing women with this knowledge, she offers readers a way to profoundly change their lives -- forever.

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