

# Live to Be 100 Plus: Chart Your Way to a Longer Life



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著者:

出版者:

出版时间:

装帧:

isbn:9780963176806

My affinity for older people likely came from my deep affection for my maternal grandmother,Jennie Weiss Wintner,who came from Hungary at the age of 3 in 1888.During my teen years.my mother worked long hours so I sepent a lot of time talking to my grand mother.

作者介绍:

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