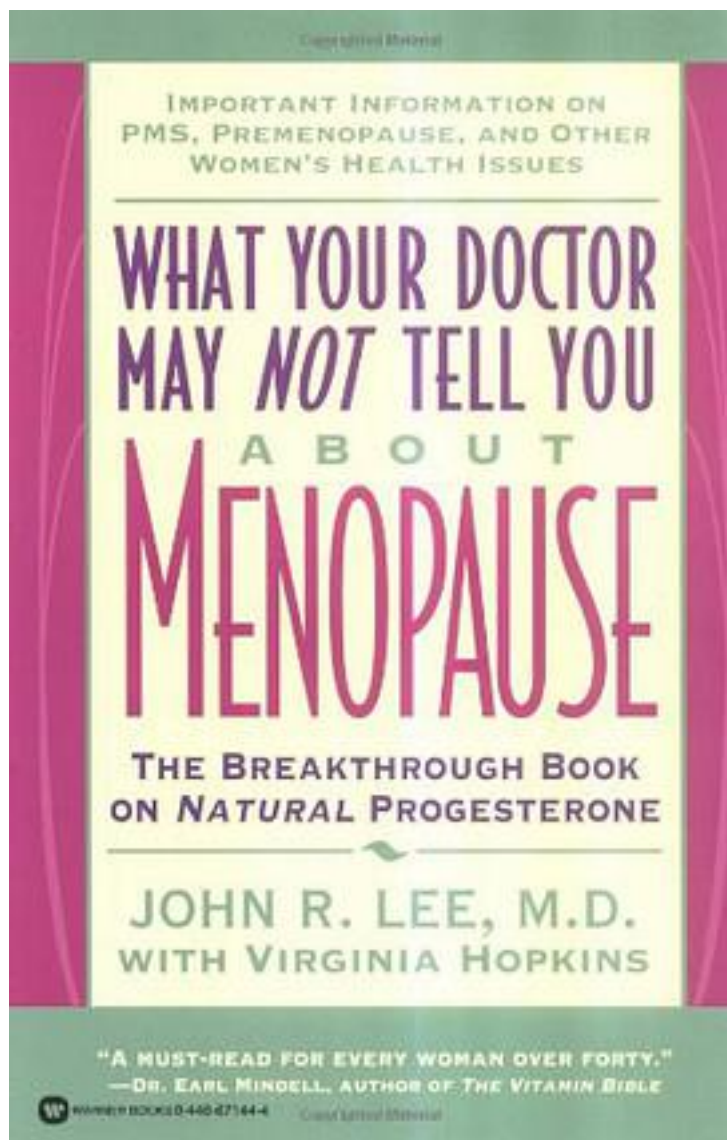


What Your Doctor May Not Tell You About Menopause



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Here is a practical and resourceful guide that focuses on the effective, scientifically proven, natural alternative to current therapies used in combating the effects of menopause. This invaluable volume also contains a complete, non-prescription "hormone balance" program for optimal health, which lists foods, supplements, and herbs that can be used to balance a woman s hormones.

作者介绍:

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