

The 4-hour Work Week

THE NO.1 *NEW YORK TIMES* BESTSELLER

THE 4-HOUR WORK WEEK



ESCAPE THE 9-5,
LIVE ANYWHERE AND
JOIN THE NEW RICH

TIMOTHY FERRISS

[The 4-hour Work Week_下载链接1](#)

著者:Timothy Ferriss

出版者:Vermilion

出版时间:2008-1-1

装帧:Paperback

isbn:9780091923532

Tim Ferriss has trouble defining what he does for a living. Depending on when you ask this controversial Princeton University guest lecturer, he might answer: 'I race motorcycles in Europe', 'I ski in the Andes', 'I scuba dive in Panama', 'I dance tango in Buenos Aires'. He has spent more than five years learning the secrets of the 'New Rich', a fast-growing subculture that has abandoned the 'deferred-life plan' and instead mastered the new currencies - time and mobility - to create a new way of living. Why wait a lifetime for your retirement when you can enjoy luxury now? Whether your dream is escaping the rat race, experiencing first class world travel, earning a monthly five-figure income with no management, or just living more and working less, this book is the blueprint. Join Tim Ferriss as he teaches you: how to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want; how blue chip escape artists travel the world without quitting their jobs; how to eliminate 50 per cent of your work in 48 hours using the principles of a forgotten Italian economist; how to exchange your career for life for short work bursts and frequent 'mini-retirements'; how to train your boss to value performance over presence, or kill your job (or company) if it's beyond repair; how to cultivate selective ignorance - and create time - with a low-information diet; how to get free housing worldwide and airfare at 50-80 per cent off; and how to fill the void and create a meaningful life after removing work and the office. Learn about this and more to live the life you want - now.

作者介绍:

目录:

[The 4-hour Work Week_下载链接1](#)

标签

思维

The4-hourWorkWeek

TimothyFerriss

Timothy

Ferriss

英语

实用

管理

评论

我并不在乎这个噱头一样的书名，但我认可他的思维模式，过自己想过的生活，而不是等待，推迟它的发生，我们的困境都是自己设定了太多的条条框框。但是，在我无比渴求他的方法时，满眼都是狗屎，我认真阅读，细细搜索了那么久，却还是全都是狗屁故事，狗屁吹嘘

[The 4-hour Work Week 下载链接1](#)

书评

[The 4-hour Work Week 下载链接1](#)