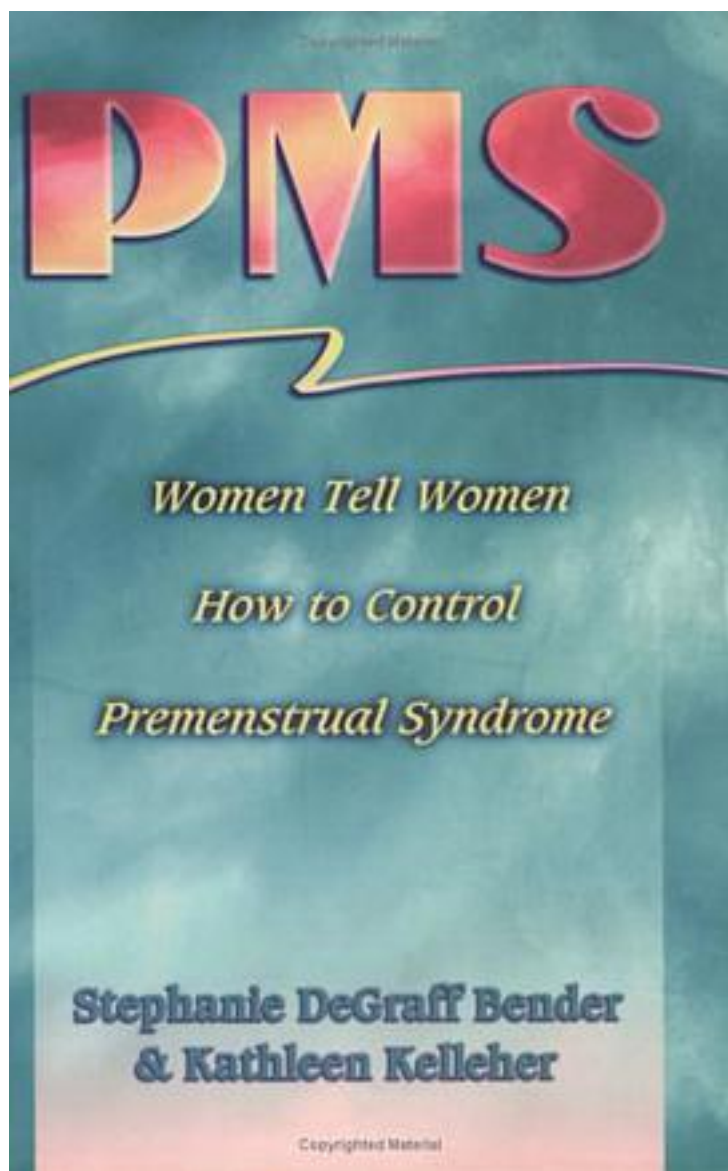


PMS



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Midwest Book Review The experiences of over 1, 000 women with PMS serve as case histories for understanding both the condition and its effects upon the self and others. Therapist Bender shares a program for treating not just the physical, but the psychological problems brought about by PMS, providing a strong guide packed with tips.

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