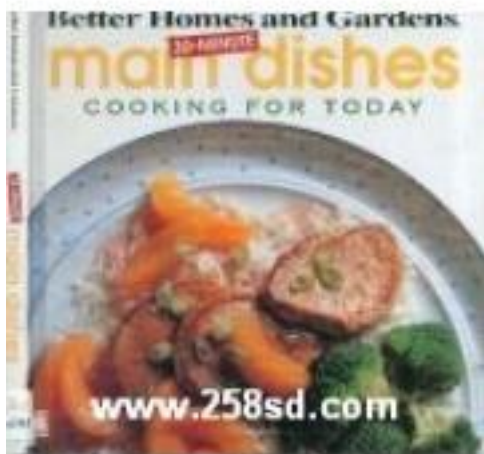


30-Minute Main Dishes



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Short on time½ but long on hunger? It's a typical problem at mealtime all across the country. Even though your½ schedules may be busier than ever½ your family still needs to½ eat. This collection of 68 mouthwatering main dishes solves½ that mealtime dilemma. Each recipe was developed and tested in the Better Homes and Gardens½ Test Kitchen to be½ prepared from start to finish in 30 minutes or less½ and still½ meet your family's high standards for great taste.½ Whether you need a quick meal to feed the kids before½ soccer practice or a company-special dinner for last minute½ guests½ you'll find the perfect recipe on these pages. From½ hearty Hot Turkey Sub Sandwiches to elegant Beef½ Tenderloins with Wine Sauce½ this book offers a variety of½ tantalizing main dishes to star at sumptuous meals.½ As every busy cook knows½ the actual

cooking of the meals
is only half the battle; the other half is organization. To
fur-
ther help you out!¼Œ we ve included tips on everything from
grocery
shopping to fast-cooking strategies. Use these hints
along with our recipes and
you ll be serving great-tasting
meals in minutes.
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