

# The therapeutic touch



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There are moments powerfully laden with thought which compress time a hundredfold. Such compression can happen with a glimpse of a most inconsequential gesture as it did to me one midsummer morning quite recently. The gesture caught my eye as I leaned against a tree while surveying seven former students each of whom was teaching a small cluster of workshop participants how to do Therapeutic Touch a method (derived from the laying-on of hands) of using the hands to direct human energies to help oc heal someone who is ill. At that particular moment each of the teachers was using her hands in an attempt to translate to her group something of the interior experience one has when playing the role of healer. As I scanned the seven group teachers these gestures froze in my mind as a progression of living

statues¼E and for a moment 1 felt a sense ofd~jl vu.<br >

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